

TECHNIQUES FOR SAMPLING PERIPHERAL LESIONS

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DISCLOSURES

- **Medical Consultant – Intuitive Surgical Robotics**
- **Medical Consultant – Gongwin Biopharm**
- **Medical Consultant – Spin@**
- **Grants:**
 - **NCI/NIH**
 - **“Center for Research to Optimize Precision Lung Cancer Screening in Diverse Populations.”**
 - **Michigan Department of Health and Human Services**
 - **“Smoking cessation and lung cancer screening”**





HENRY FORD MEDICAL CENTER

Detroit, Michigan USA



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THE HUMAN LUNG

- 22-24 generations
- >100,000 bronchi, bronchioles
- 1500 miles of airways
- 300-500 million alveoli
- 0.3mm in diameter
- Surface area 70m²
- Capillaries 616 miles end to end

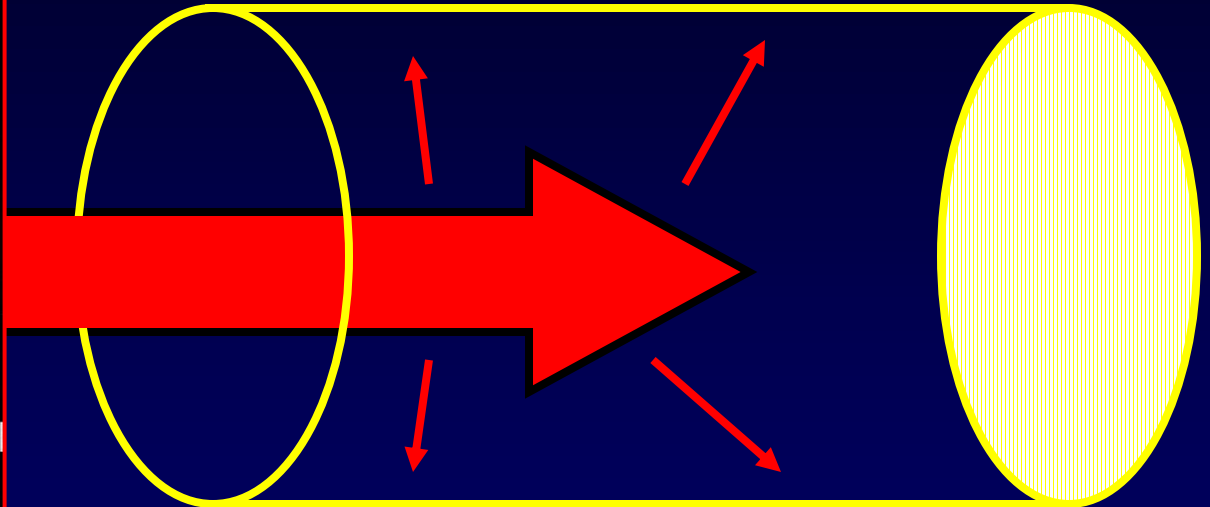
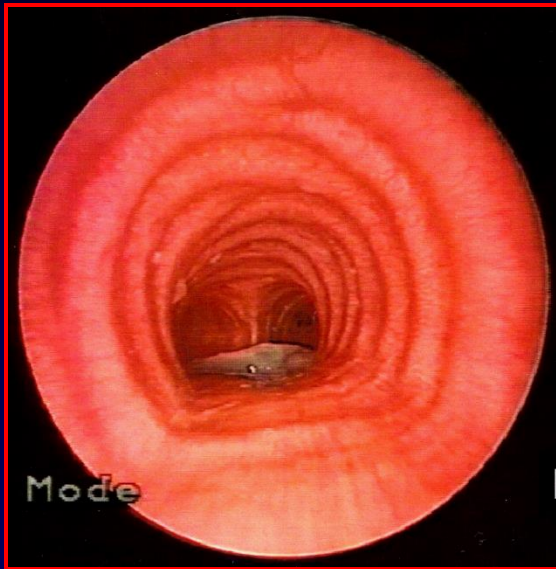


Detroit to Key West



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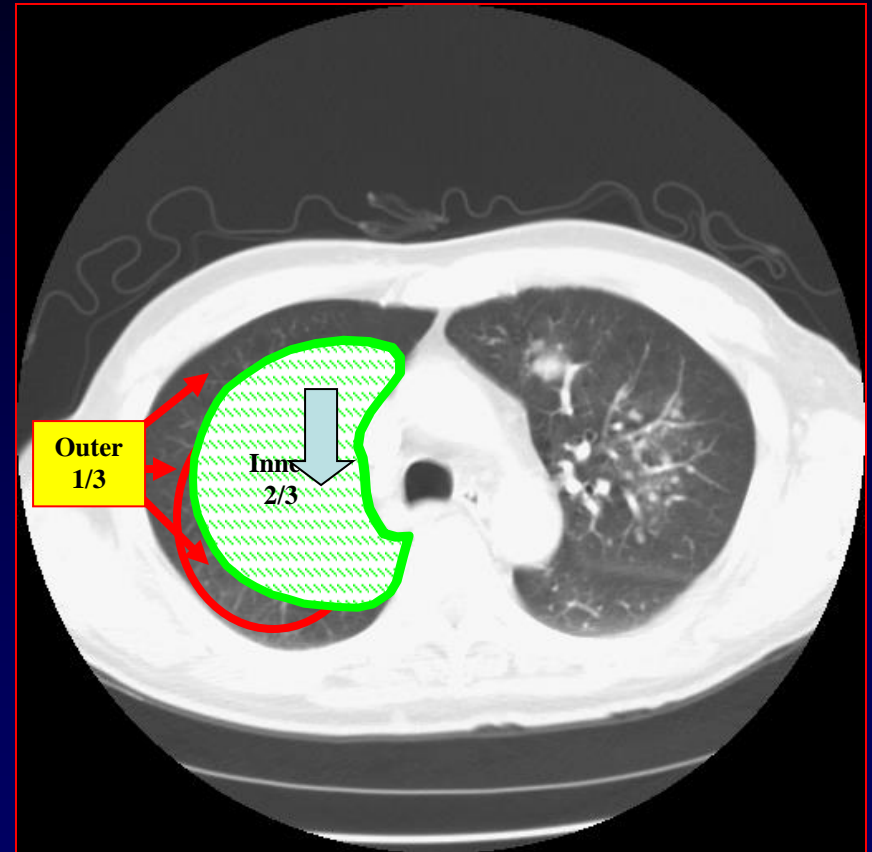
WHITE LIGHT BRONCHOSCOPY



Superficial airway evaluation

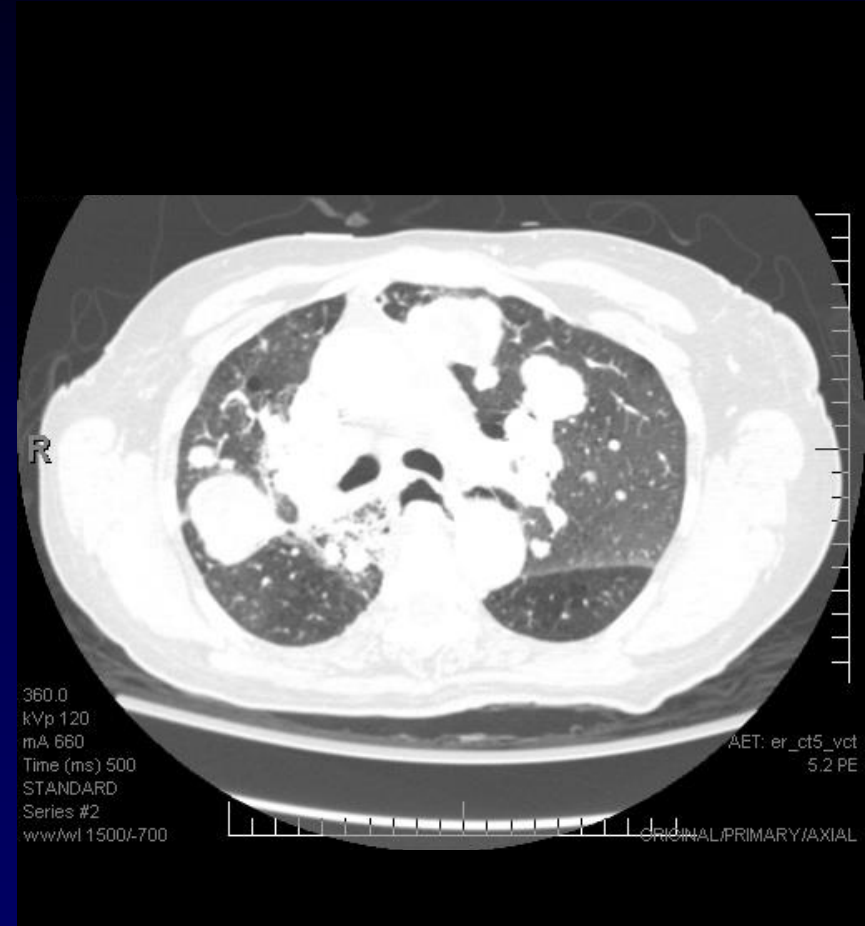
NODULE

- ≤ 3 cm in short axis
- Surrounded by aerated lung
- Identify location:
 - Inner 2/3 of lung
 - Outer 1/3 of lung
 - Lobe / Segment
- Air bronchogram through lesion
- Visible airway to lesion

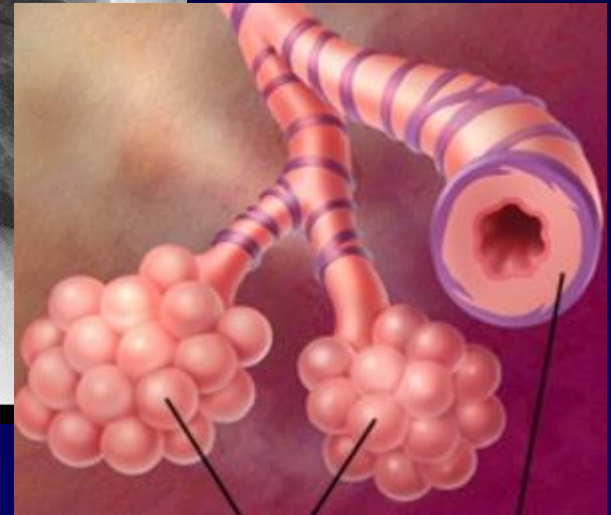
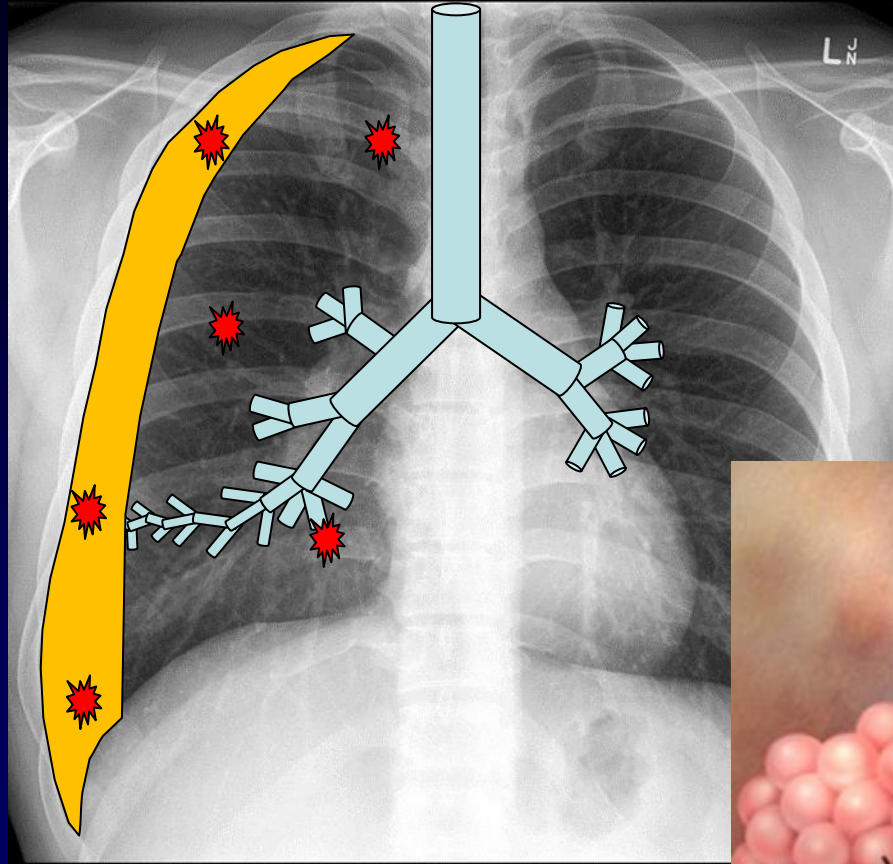


MASS

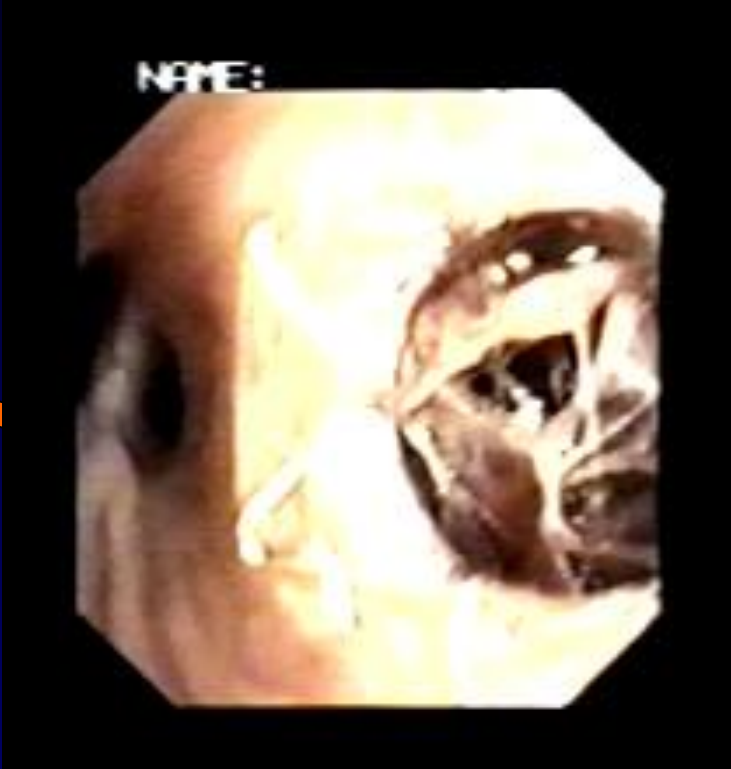
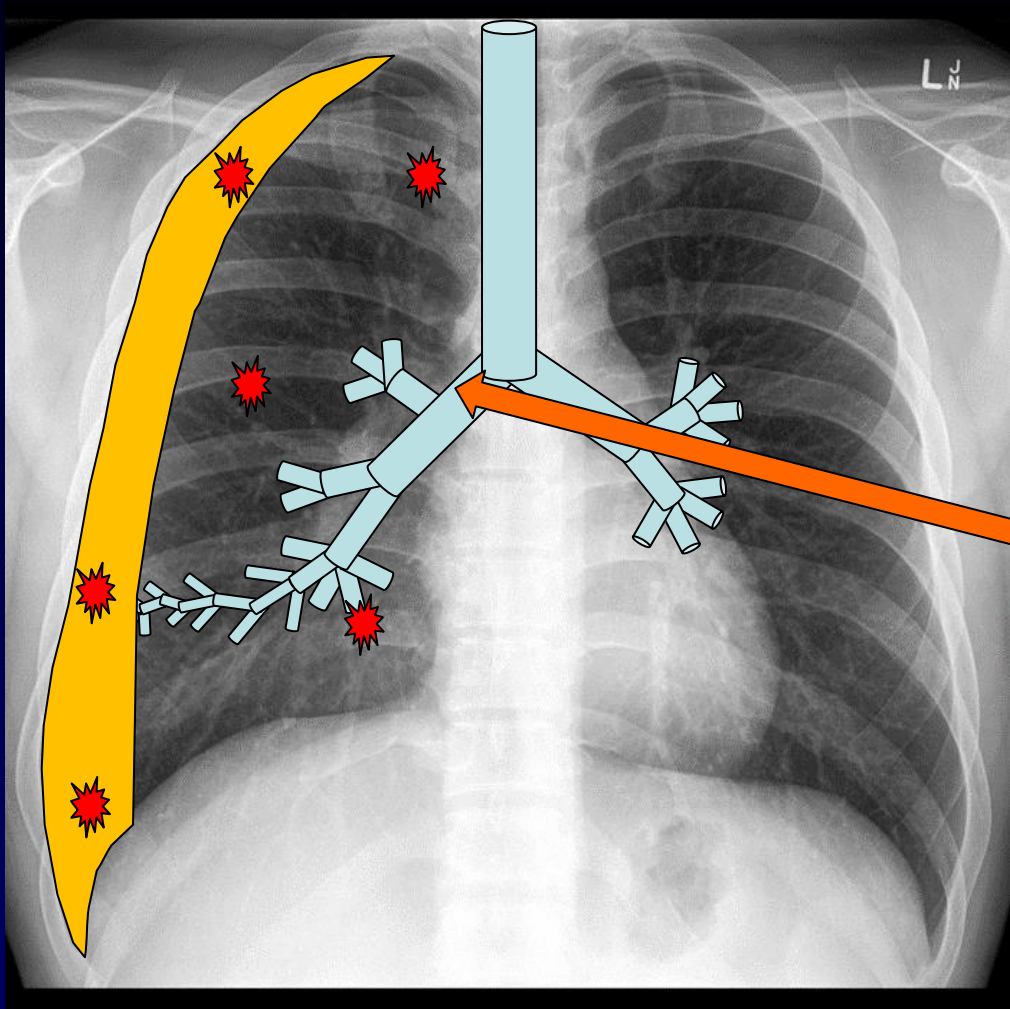
- Greater than 3 cm
- Identify location:
 - Inner 2/3 of the lung
 - Outer 1/3 of the lung
 - Lobe / Segment
- Air bronchogram through lesion
- Visible airway to lesion
- Atelectasis beyond lesion
- Involves mediastinal structures
- Involves vascular structures



WHERE ARE TUMORS AS THEY RELATE TO THE AIRWAYS?



LUNG AND THE CENTRAL AIRWAYS



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ROBOTIC BRONCHOSCOPY TAKES US TO NEIGHBORHOODS NOT ADDRESSES

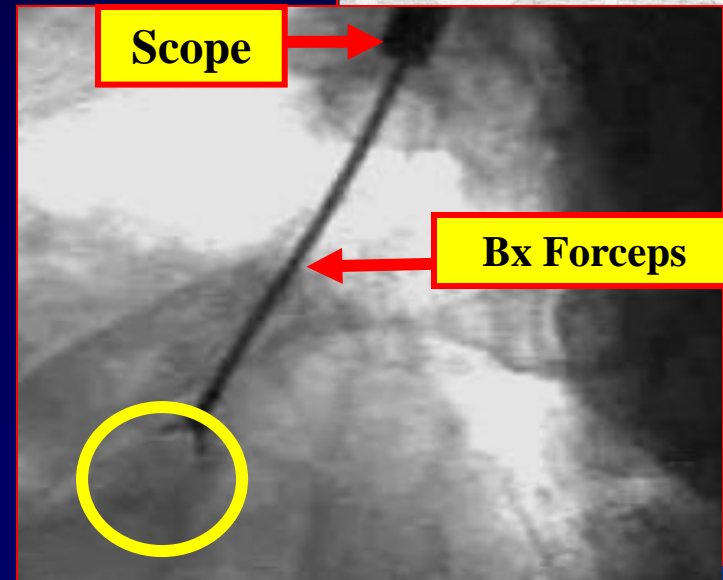
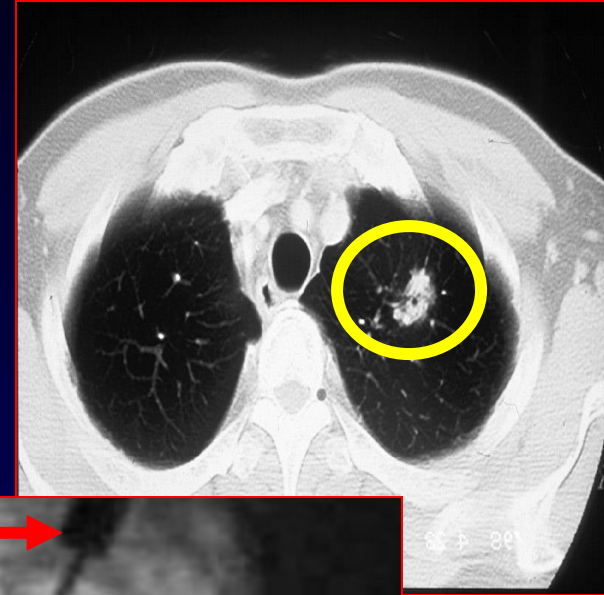


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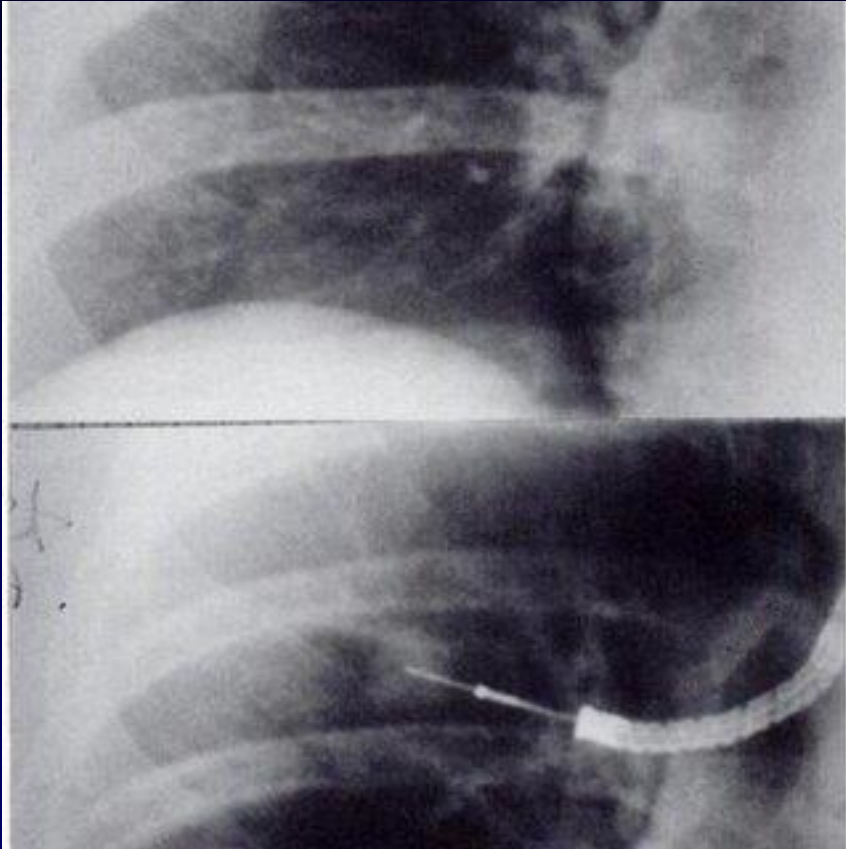


TRANSBRONCHIAL BIOPSY OF SPN

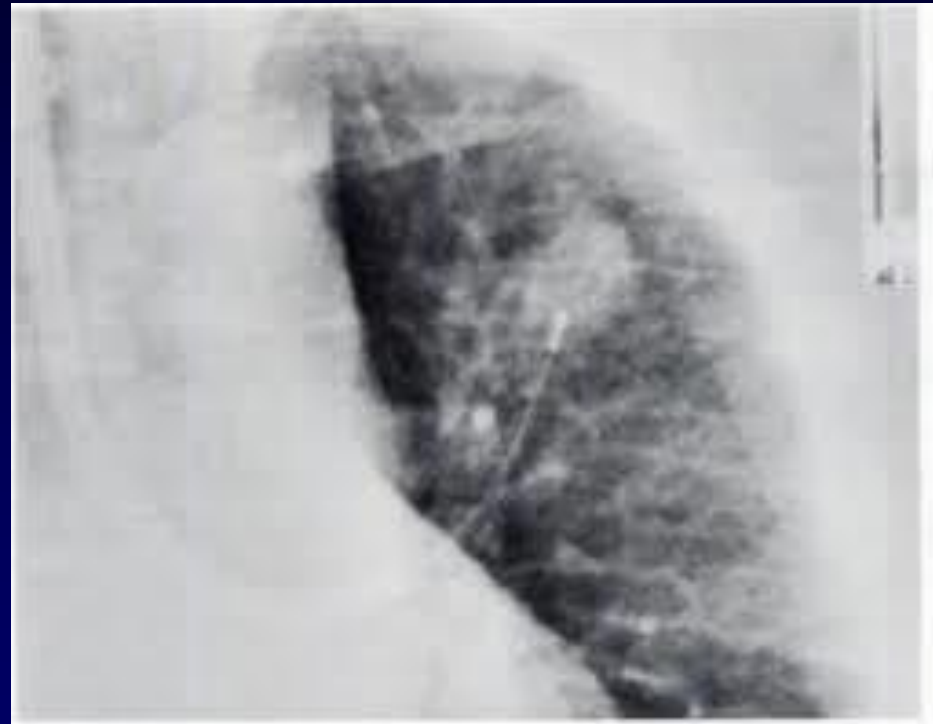
- Peripheral lesions are beyond bronchoscopic visualization
- Sampling techniques are guided using fluoroscopy
- Lesions that are ≤ 2 cm not visible with fluoroscopy



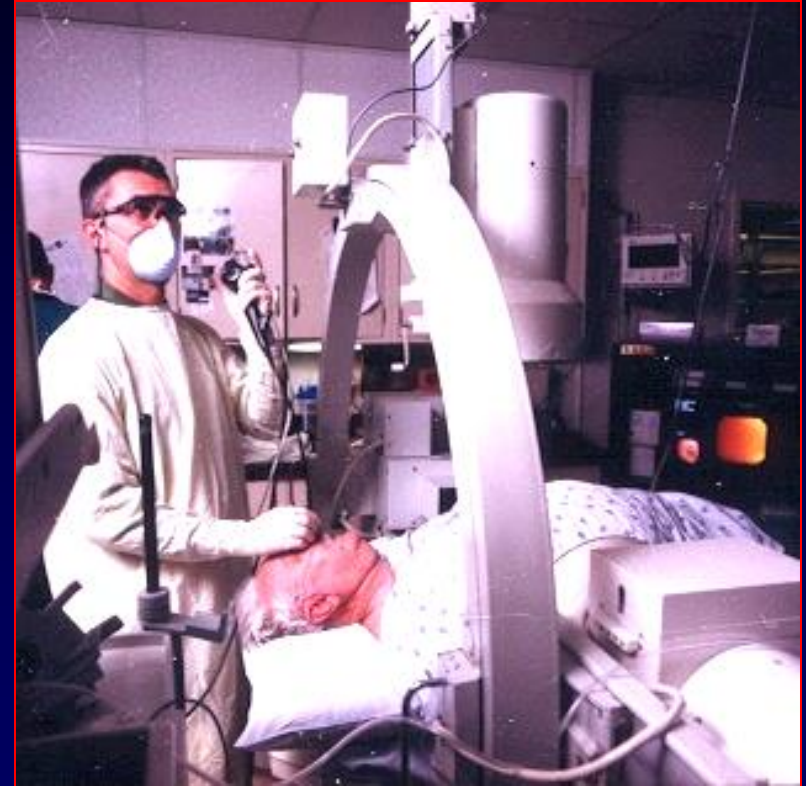
TRANSBRONCHIAL NEEDLE



CYTOLOGY BRUSHING



BRONCHOSCOPY FOR PERIPHERAL PULMONARY NODULES



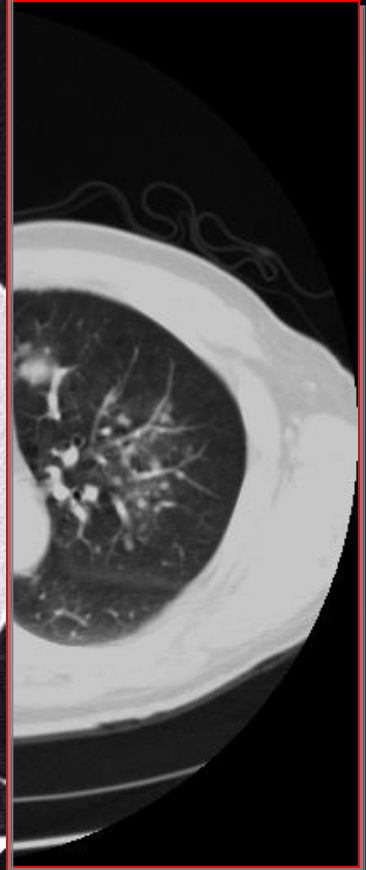
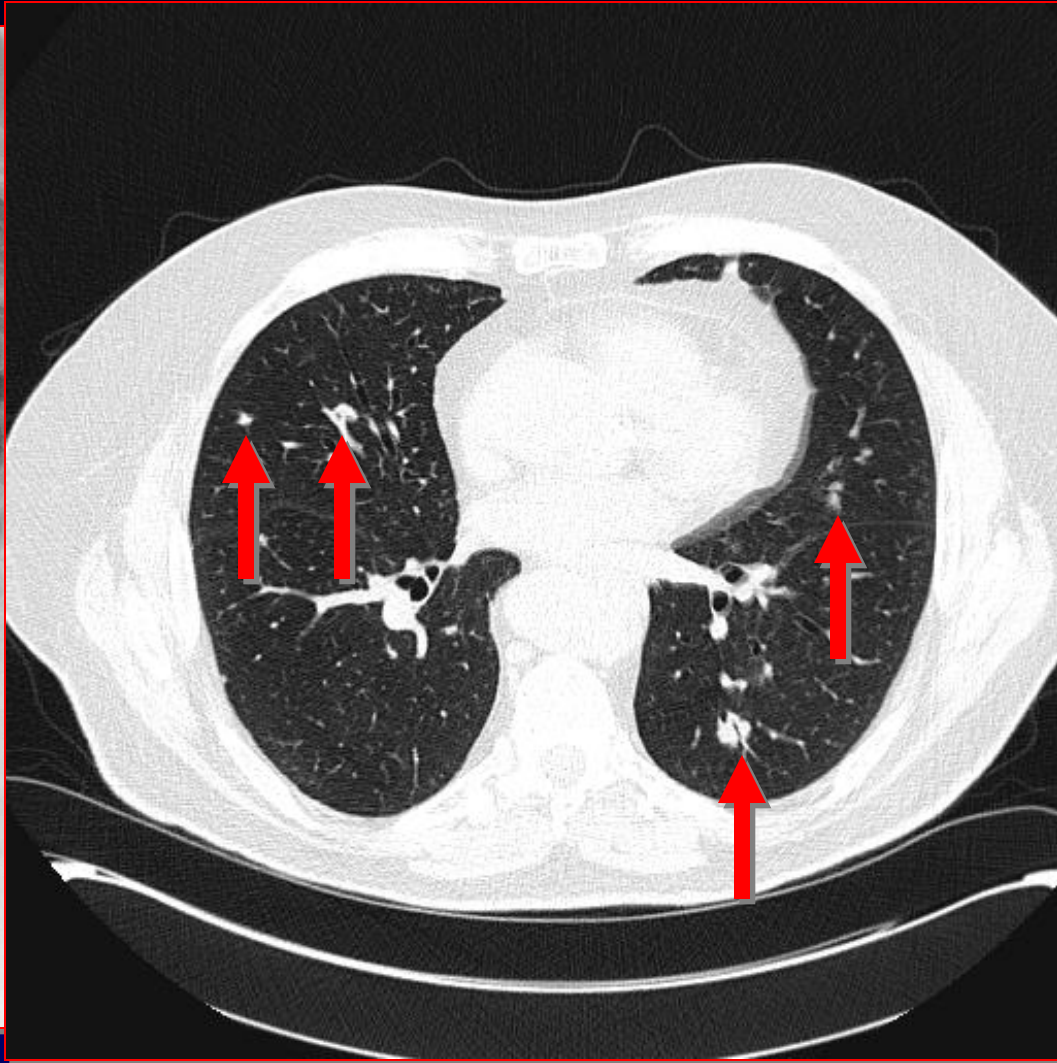
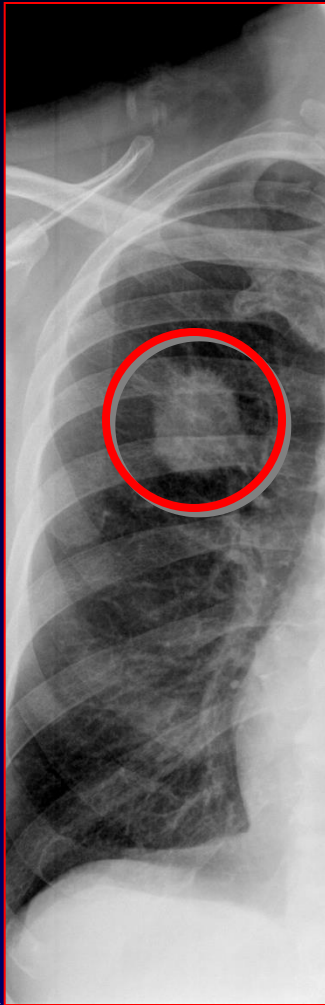
Unchanged for previous 40 years



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SOLITARY PULMONARY NODULES



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HiSpeed CT/i SYS#CT01

A 128 HENRY FORD DETROIT, MI CT ROOM 3

Ex: 4610

Req Num:003040133

Se: 1 CTINT

SN

Im: 403

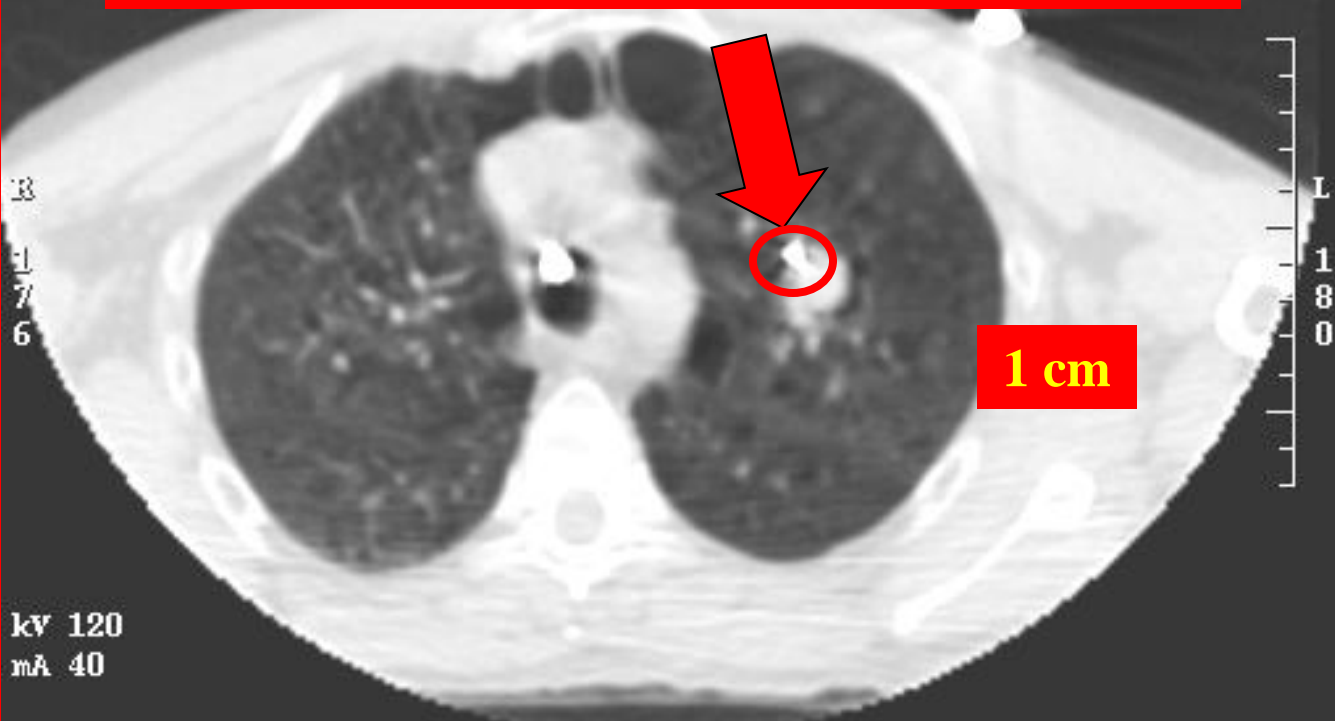
May 15 03

256

DFOV 36.0cm

STND

Invasive Poorly Differentiated Adenocarcinoma



kV 120

mA 40

Large %

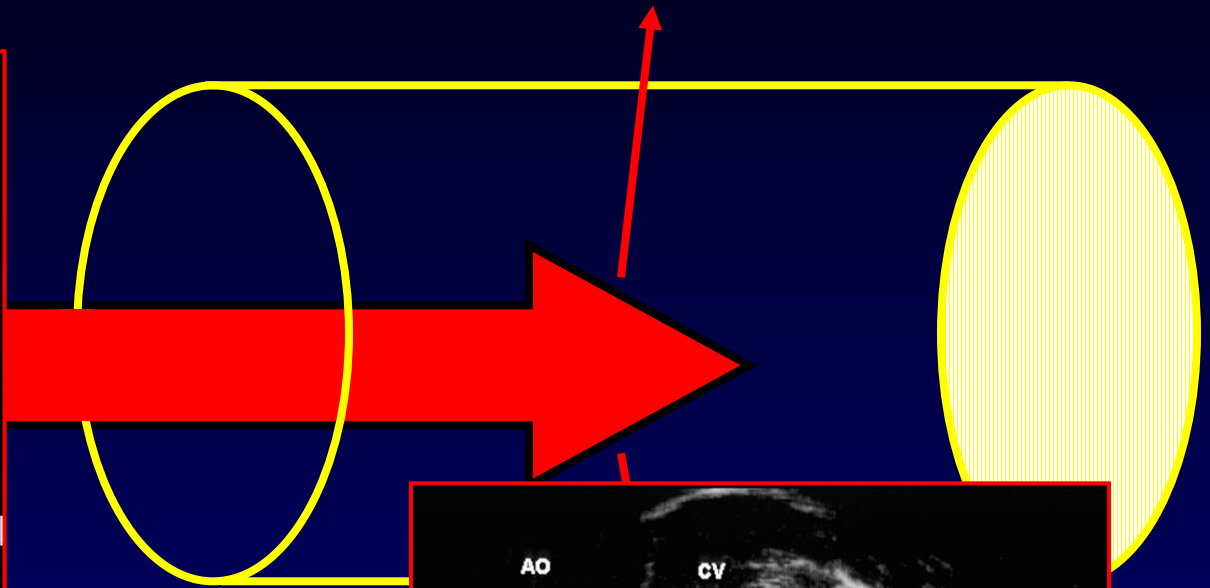
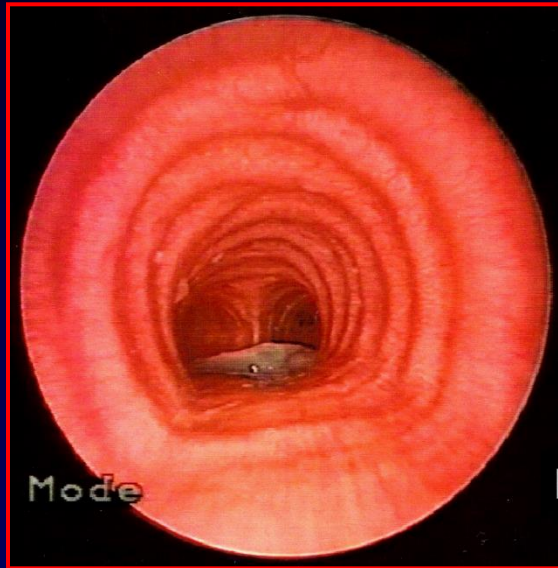
3.0 mm

1.0 s 01:38:31 PM

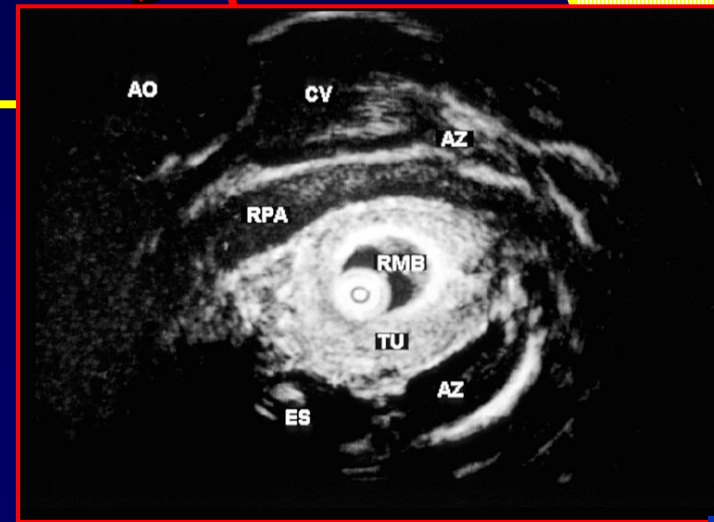
P 180



ENDOBRONCHIAL ULTRASOUND

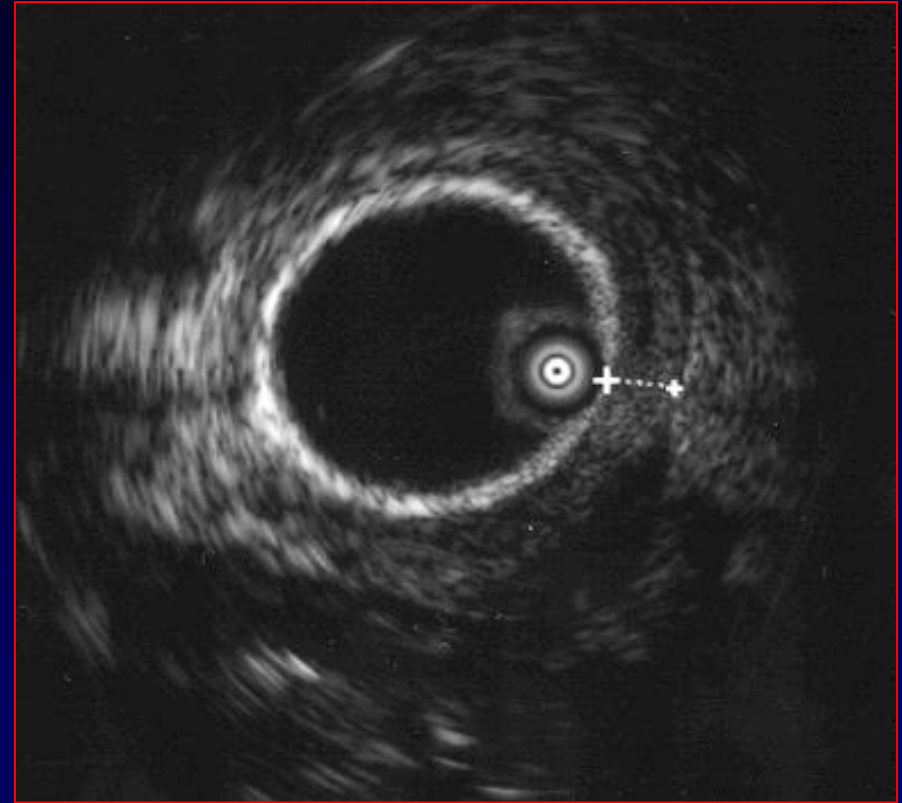


Beyond the airway



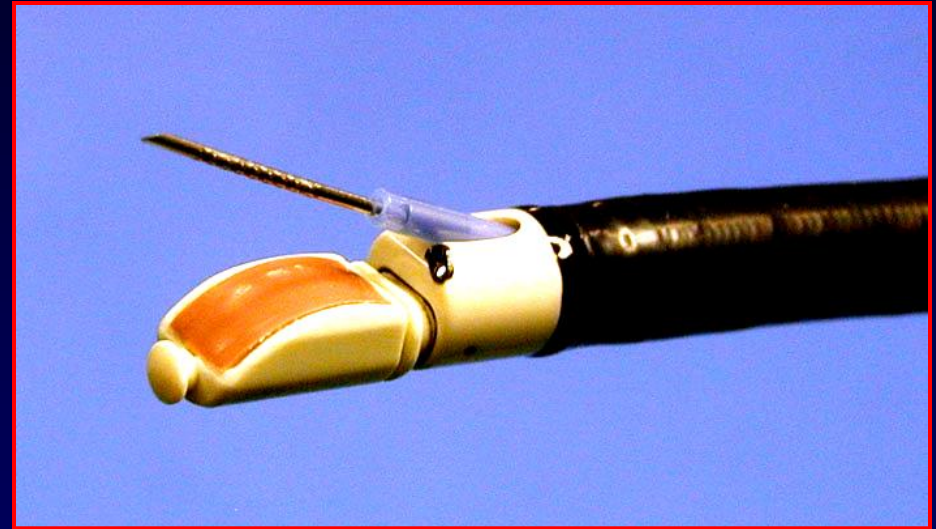
EBUS – CLINICAL USES

- **Airway invasion**
- **Mediastinal structure invasion**
- **Transbronchial biopsy**
- **Ultrasound guided TBNA**
- **EBUS-TBNA**



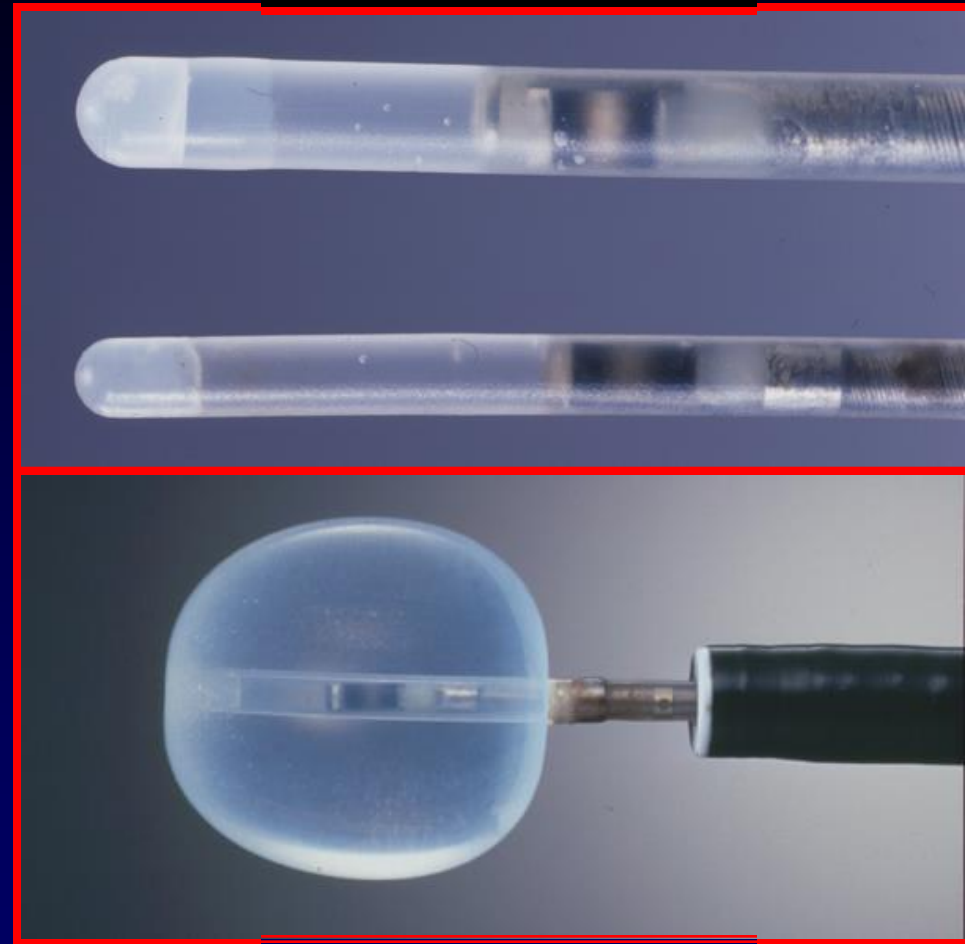
EBUS GUIDED TBNA

- Needle is extended with both visual and ultrasound imaging
- Incorporate a directional ultrasound probe into a bronchoscope
- Real time transbronchial specimens



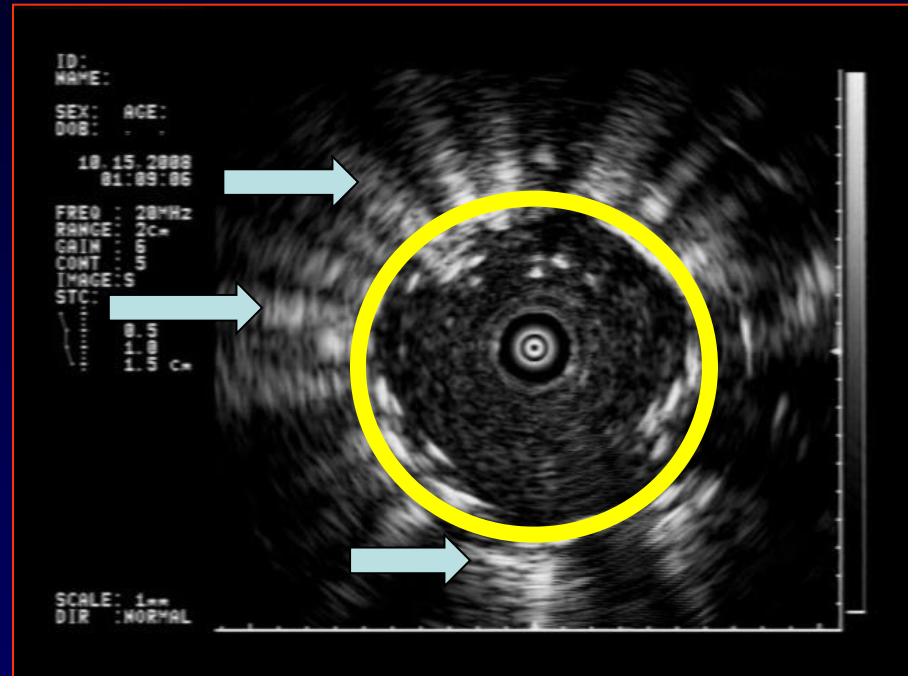
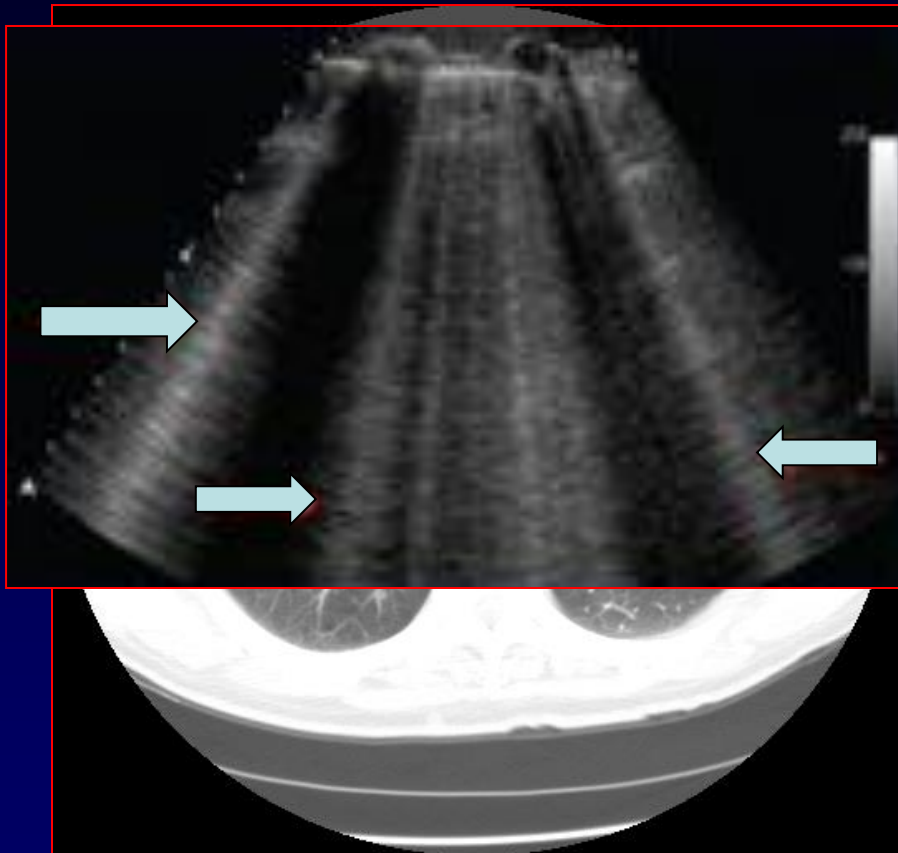
EBUS - EQUIPMENT

- **Processor:**
 - 20 mHz
 - 7.5 mHz
 - Combined (20&7.5 MHz)
 - Aloka (7.5 MHz)
- **Bronchoscope:**
 - 2.0 mm working channel
 - 2.8 mm working channel
- **Probes:**
 - Central
 - 20 MHz
 - 30 MHz
 - Peripheral – 20 MHz



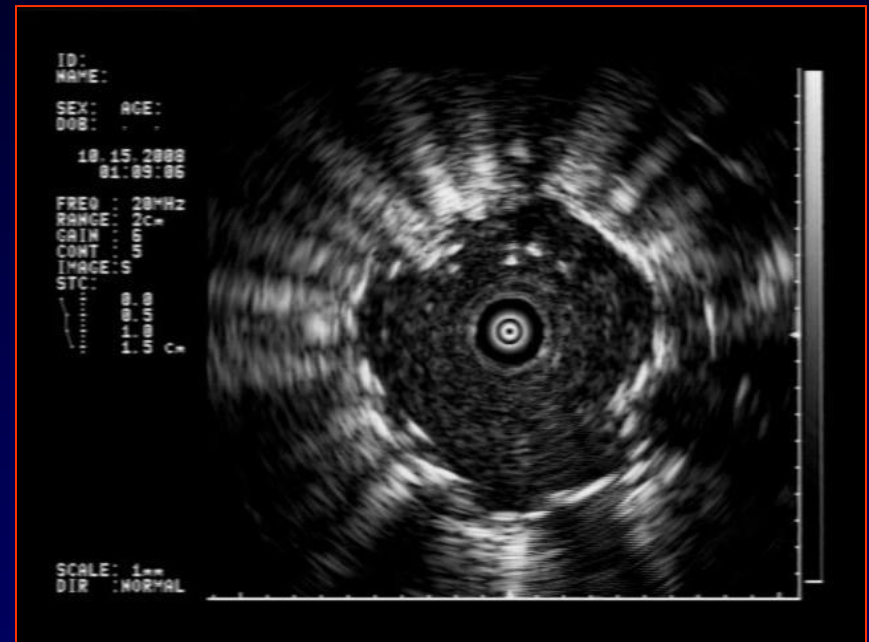
Images courtesy Olympus Corp.

EBUS AND PERIPHERAL LESIONS



PERIPHERAL ULTRASOUND

- Comparison of fluoroscopic transbronchial biopsies vs. peripheral EBUS
- Herth et al.
 - 50 consecutive patients with SPN
 - Patients randomly distributed between Fluoroscopic vs. EBUS guided transbronchial biopsies



FLUOROSCOPIC BIOPSY VS. PERIPHERAL ULTRASOUND

	Lesion < 3 cm	Lesion >3 cm
Patients n	21	29
EBUS n (%)	17 (80)	23 (79)
Fluoroscopic n (%)	12 (57)	26 (89)

Herth et al. Eur Respir J 2002



EBUS GUIDED TRANSBRONCHIAL BIOPSY OF PERIPHERAL LUNG LESIONS

Series	Technique	n	Size (mm)	Diagnostic Yield (%)
Herth and colleagues (3)	EBUS—transbronchial forceps biopsy	50	All	80
		21	< 30	80
		29	> 30	79
Kurimoto and colleagues (4)	EBUS with guide sheath and fluoroscopy ± curette—forceps biopsy/brush	150	All	77.3
		81	< 20	72.8
		43	20–30	77
		26	> 30	92
Kikuchi and colleagues (5)	EBUS with guide sheath and fluoroscopy ± curette—forceps biopsy/brush	24	< 30	58.3
		15	< 20	53.3
		9	20–30	66.7
		11	< 20	54.5
Yang and colleagues (6)	EBUS—transbronchial forceps biopsy	103	> 20	66.0
		11	< 20	54.5
		122	All	65.6
Asahina and colleagues (7)	EBUS with guide sheath, virtual bronchoscopy navigation and fluoroscopy ± curette—forceps	30	< 30	63.3
		18	< 20	44.4
		12	20–30	91.7
Paone and colleagues (8)		40	> 30	82.8
		40	> 30	78.7
		75	> 30	71
Herth and colleagues (9)	EBUS—transbronchial forceps biopsy	54	Fluoroscopically invisible, mean 22 ± 0.7	70.3
		54	Fluoroscopically invisible, mean 22 ± 0.7	70.3

Yields: 53.3% - 92%



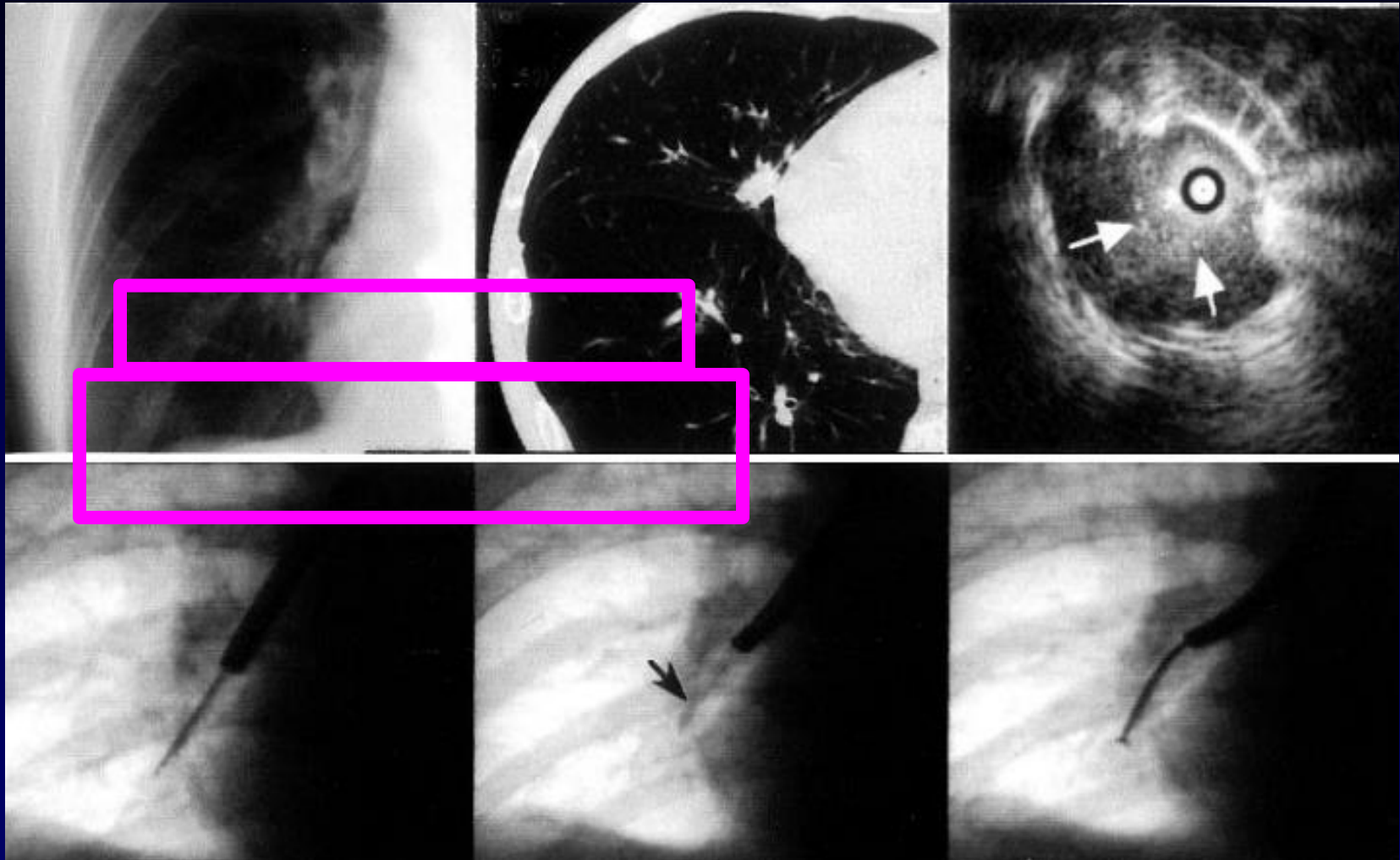
GUIDE SHEATH



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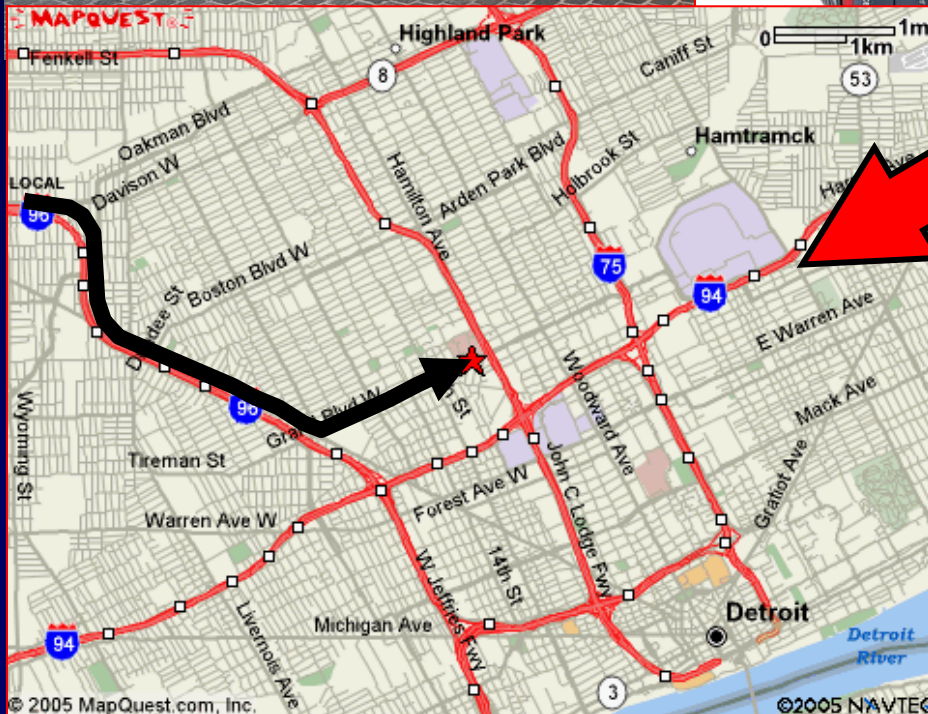
PERIPHERAL LESIONS – EBUS-GUIDE SHEATH



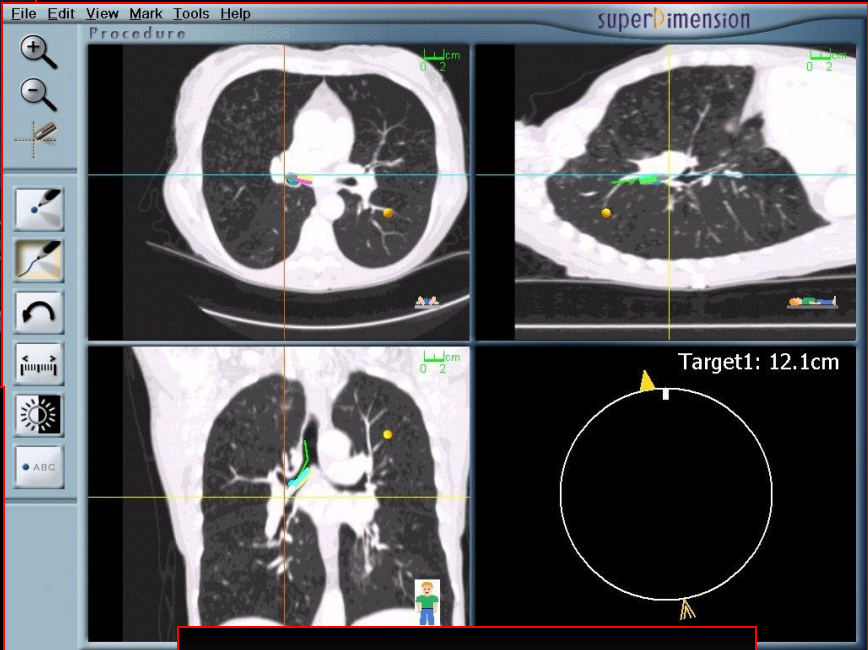
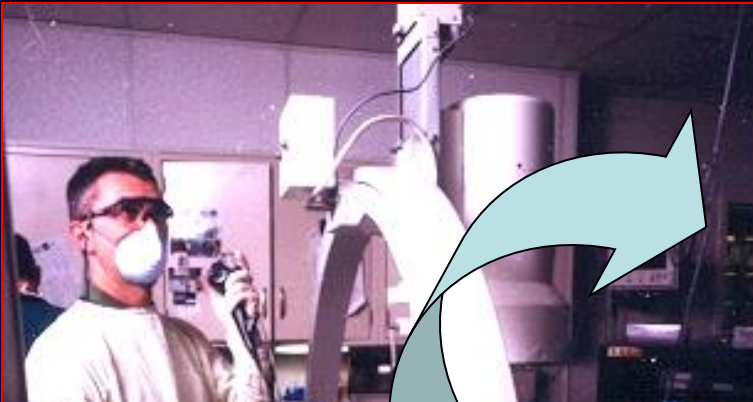
Kurimoto N. Chest 2004.

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Electromagnetic Navigation



NAVIGATION

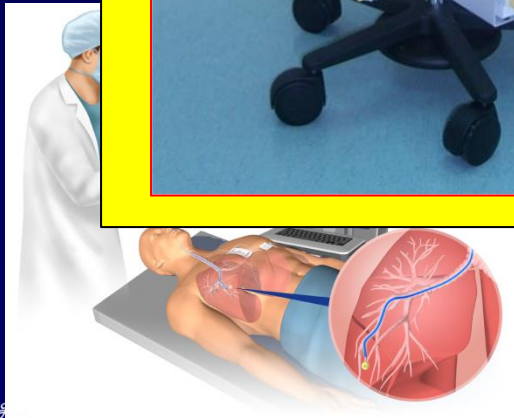
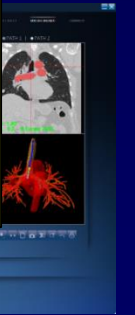


ELECTROMAGNETIC NAVIGATION

- O
- L
- V
- SU



- **superDimension LTD**
- **Five Systems released first year**
- **HFH**
- **2005**



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CURRENT DIAGNOSTIC YIELDS FOR ELECTROMAGNETIC NAVIGATION

- Clinical experience trials: Becker 2005, Schwarz 2006, Gildea 2007, Makris 2007, Eberhart 2007, Wilson 2007, Weiser 2008, Bertolotti 2009, Lambrecht 2009, Eberhardt 2009, Zhang 2015
- All authors with yields in the 70-75% range
- 4 meta-analyses report **70% average yield**
- These studies were at academic centers
- Studies of all users have demonstrated **yields of <50%**

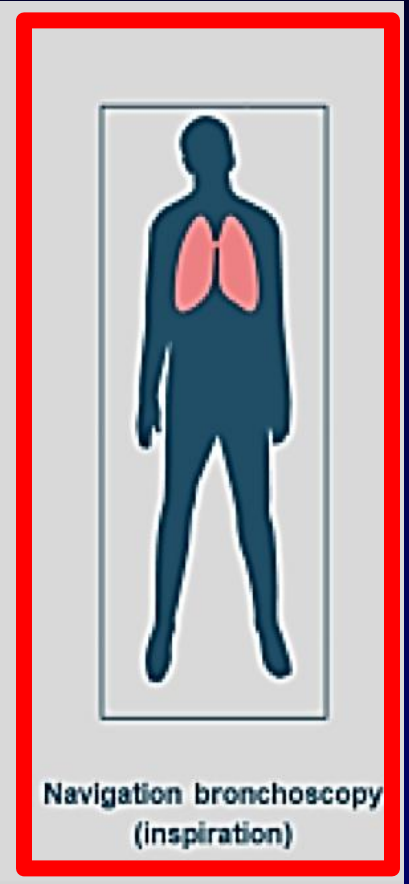
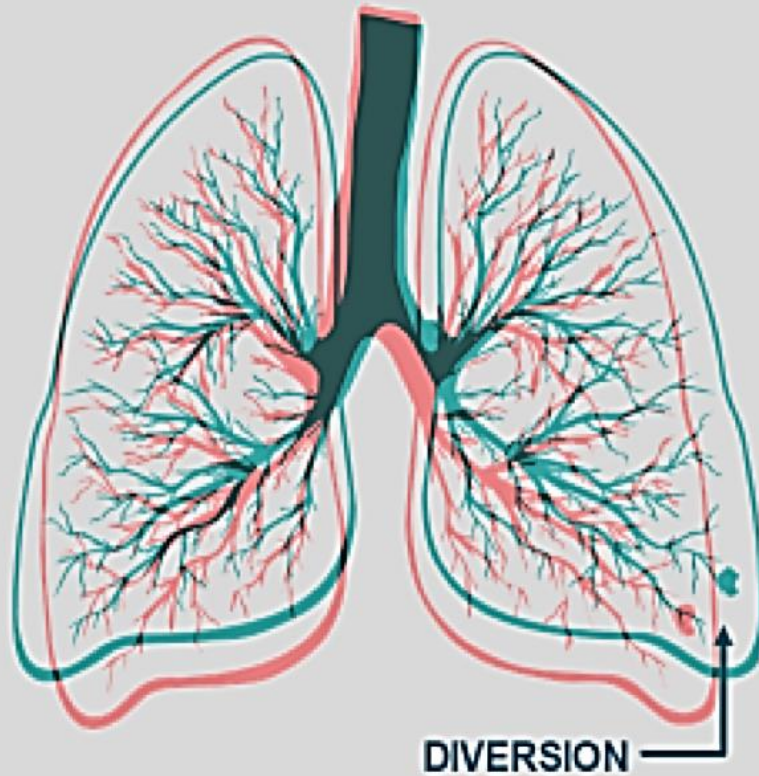
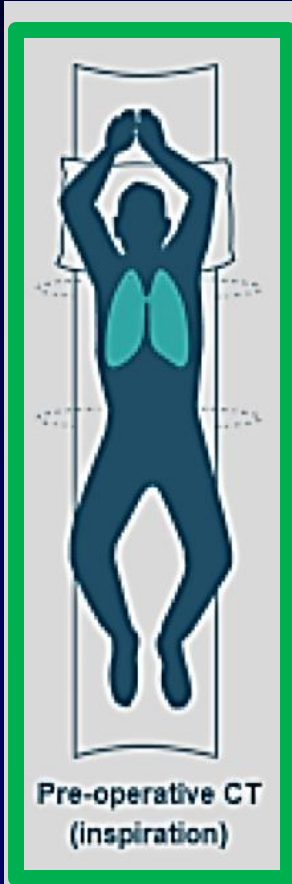


LIMITATIONS OF ELECTROMAGNETIC NAVIGATION

- Deviation of electromagnetic field as passes through body, creating intrinsic error
- Dynamic changes in the target lesion from the time of imaging to procedure
- Suboptimal scans
- Ferrometallic interference
- Poor registration technique
- Difficult-to-see ground glass lesions
- Respiratory motion
- Atelectasis
- Positional changes with instrumentation

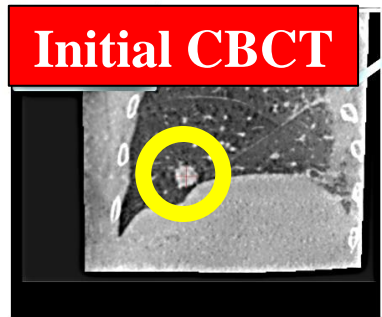
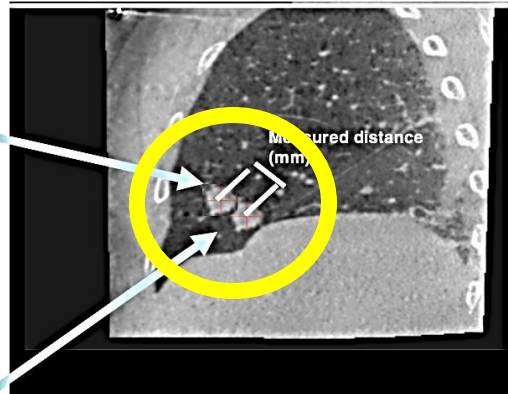
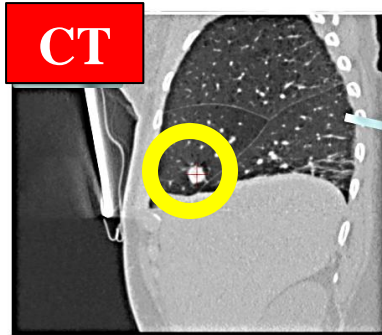


CT TO BODY DIVERGENCE

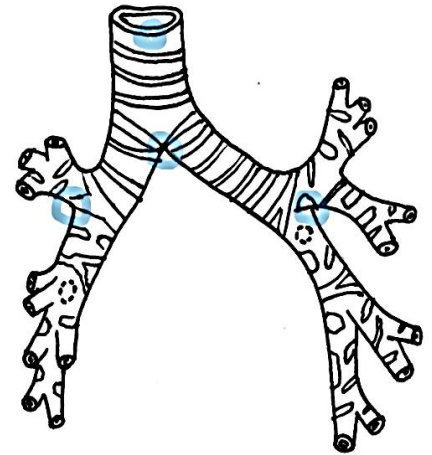


NODULE MOVEMENT

Nodule Movement Measurements



- CT to CT comparison in 3-dimensions
- Registration based central airway



Lobe	Divergence (mm) Avg (range)
Upper Lobes	12.6 (2.64-35.9)
Lower Lobes	18.4 (9.56-28.89)

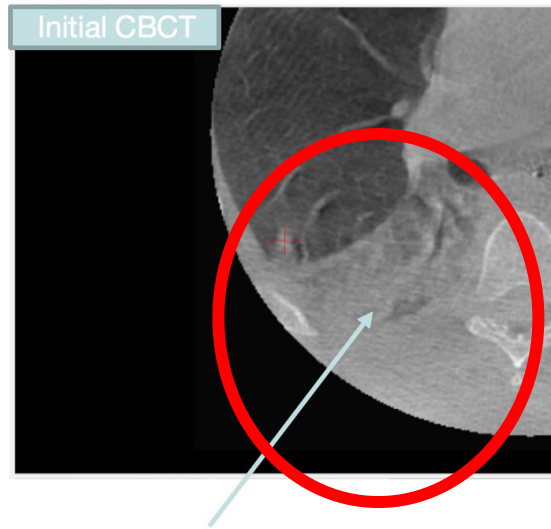
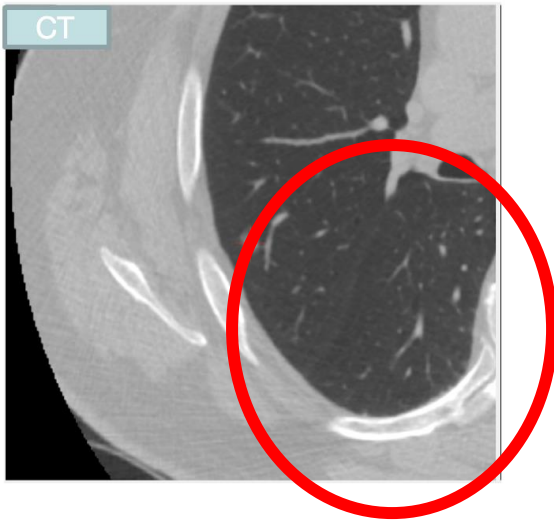


ATELECTASIS

Atelectasis During Bronchoscopy

Case: 180214
Gender: Male
Age: 60
Nodule location: RUL
Nodule size: 9 mm

Pre-procedure CT to Intra-procedure CBCT Divergence: 24 mm



Atelectasis



Atelectasis

WCLC
2018

FLUOROSCOPIC NAVIGATION

- **Tomosynthesis with software algorithms to enhance the visibility of the targeted region**
- **Tight focus on area of interest provides more precise registration to compensate for local CT to body divergence**
- **Once nodule location is “confirmed”, a new navigation path is generated and the user may navigate to the target**
- **“Local registration”**

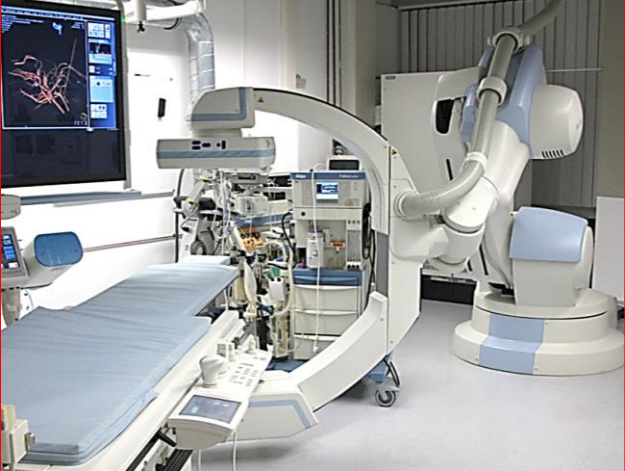


CONE BEAM CT

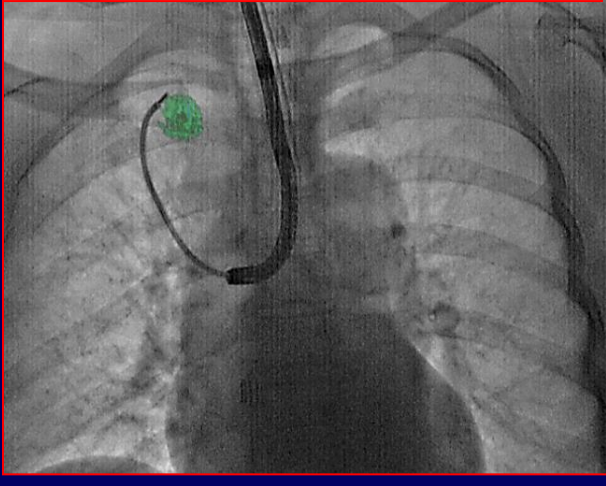
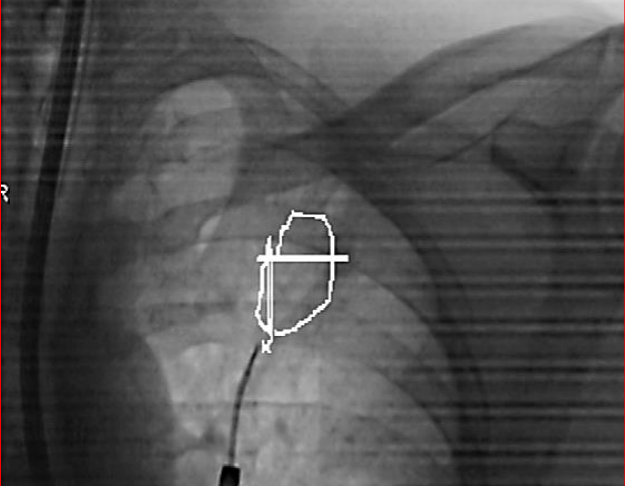
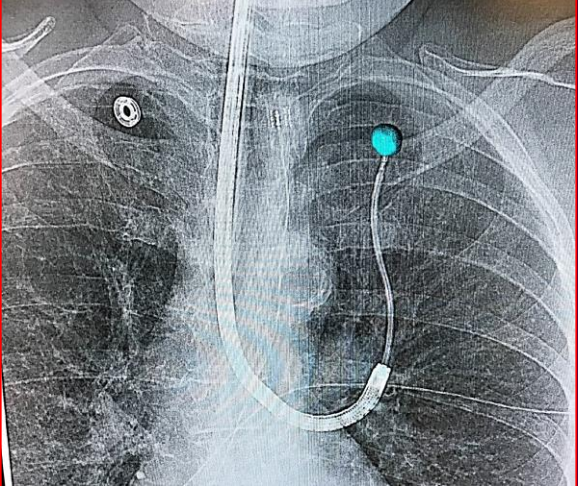
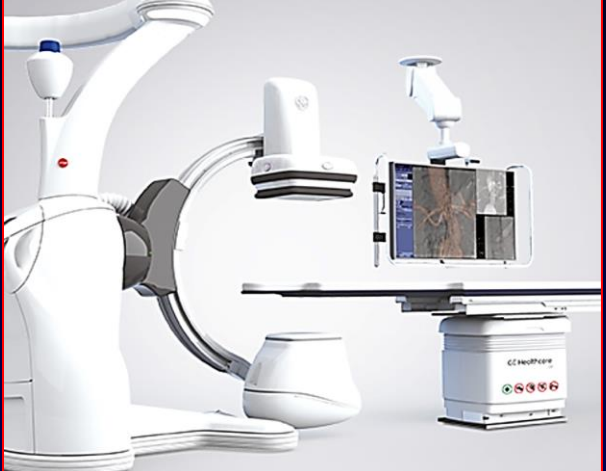
Philips



Siemens



GE



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Cone-Beam CT Scanning with Electromagnetic Navigation Bronchoscopy

Michael Pritchett, DO, MPH

Pinehurst Medical Clinic & FirstHealth Moore Regional Hospital – Chest Center of the Carolinas, Pinehurst, NC



PURPOSE/BACKGROUND

Electromagnetic Navigation Bronchoscopy (ENB) has been shown to have superior yield in diagnosing peripheral nodules compared to conventional bronchoscopy. Standard fluoroscopy is most commonly used during these procedures to assist in visualization. Cone-beam CT (CBCT) is increasingly utilized by interventional radiology for percutaneous biopsy, placement of fiducials and application of ablative therapy for lung malignancies. There has been no case study with the use of ENB and CBCT used in conjunction.

CASE PRESENTATION

A 60-year-old male with a 30-pack-year history of smoking presents with a 1cm pleural based nodule in the right upper lobe (figure 1). A PET scan showed significant metabolic activity in this small peripheral nodule with an SUV of 3.3 (figure 2).

FIGURES



FIGURE 1

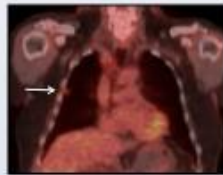


FIGURE 2



FIGURE 3



FIGURE 4

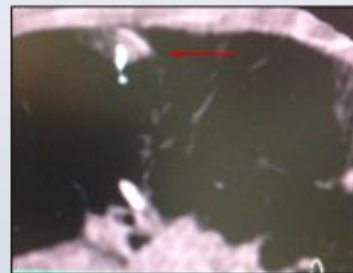


FIGURE 5

METHODS

We performed ENB using the superDimension iLogic system in conjunction with a 90-degree Edge catheter. Cone-beam images acquired with the Philips Allura Xper FD20 system (figure 3). After successful navigation to the lesion a brush was deployed for sampling. With the brush extending in the sampling position, a rotational scan was performed to acquire the cone-beam CT images. The images were manipulated for immediate viewing, which showed the brush in the center of the 1cm lesion (Figures 4 & 5).

CONCLUSIONS

To the best of our knowledge this is the first use of CBCT in conjunction with ENB in humans. Recent case studies have shown increasing use of CBCT with conventional bronchoscopy using this itself as a mode of navigation. We feel that these two modalities used in combination have significant potential to both increase diagnostic yield and eventually to confirm location for use of endobronchial-guided ablative therapies for early-stage lung cancer, such as radiofrequency or microwave ablation.

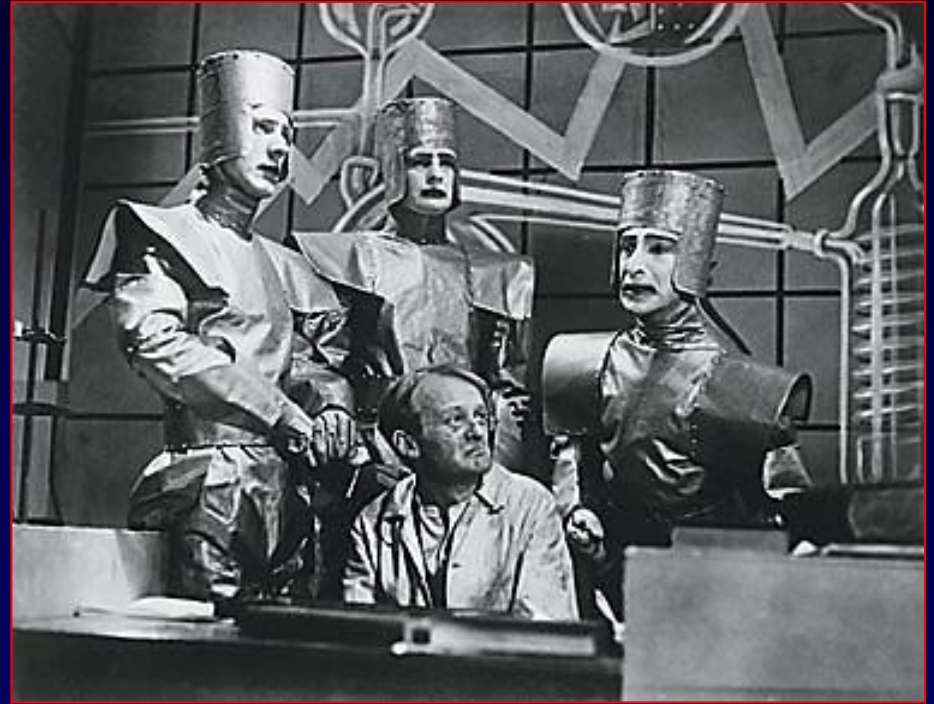
ACKNOWLEDGEMENTS

The authors would like to thank Covidien (superDimension), our cytology techs, OR staff and respiratory therapists for their support and dedication.



HISTORY OF ROBOTS

- Robot originates from the Slavonic term *robota* which means forced labor
- “Robot” was made famous by Karel Capek in 1921 – *Rossum’s Universal Robots*



ROBOTIC BRONCHOSCOPY

Requirements for Robotic Bronchoscopy

- Reach
- Access
- Control Stability
- Location feedback
- Ability to perform procedures



HISTORY OF MEDICAL ROBOTS

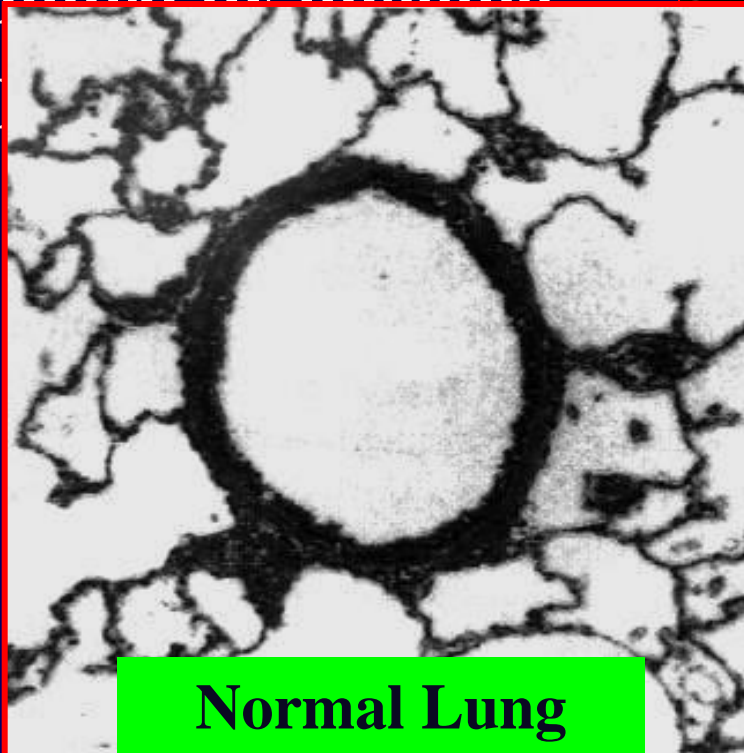
AMES Research Center - NASA and Stanford Research Institute

- After review of casualties of Vietnam War identified that if field surgery was available then more soldiers might have been saved
- Idea of combining virtual reality with surgical robotics or tele-presence surgery
- Department of Defense funded the biomedical program to develop a tele-surgery unit for the field

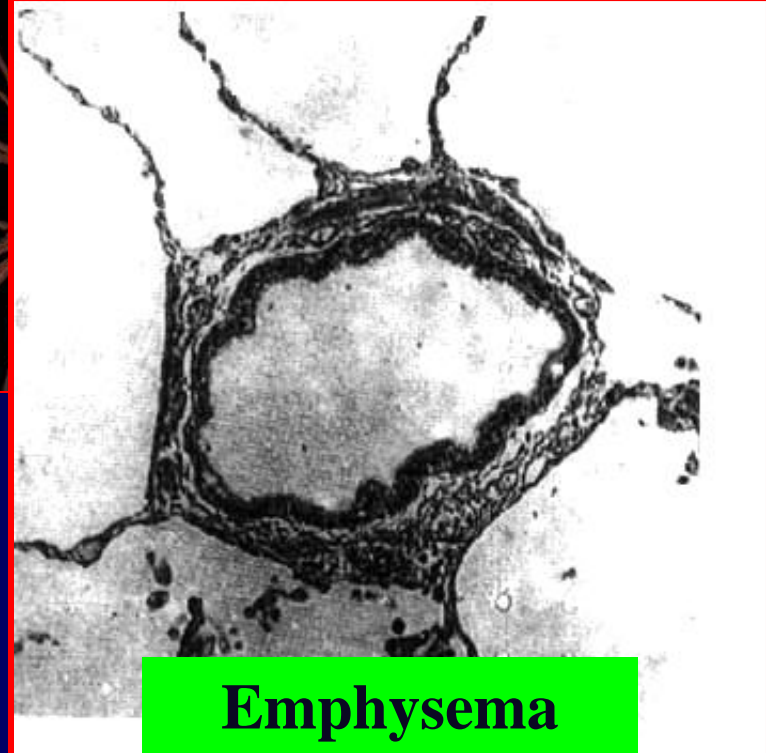


ROBOTIC BRONCHOSCOPY: REACH

- Integrate CT scans of the lung to create road maps
- Limited by imaging ca



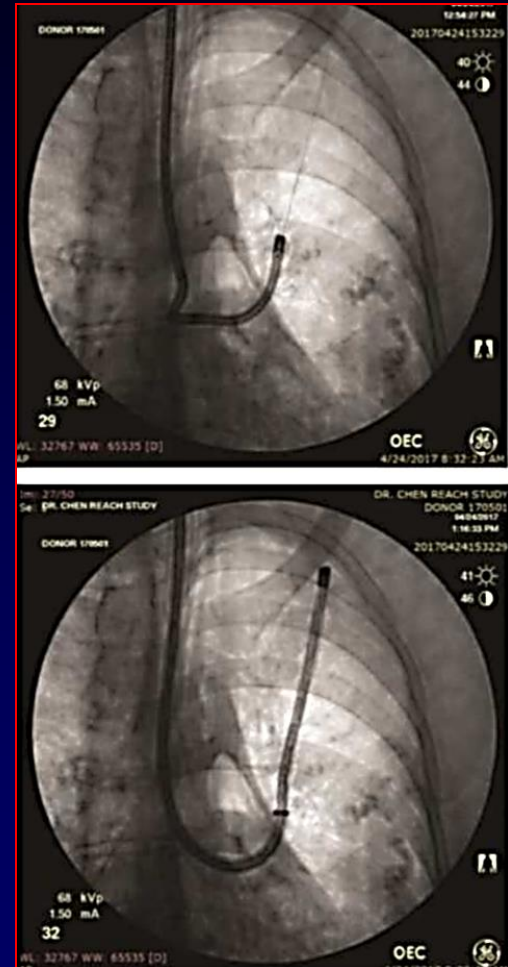
Normal Lung



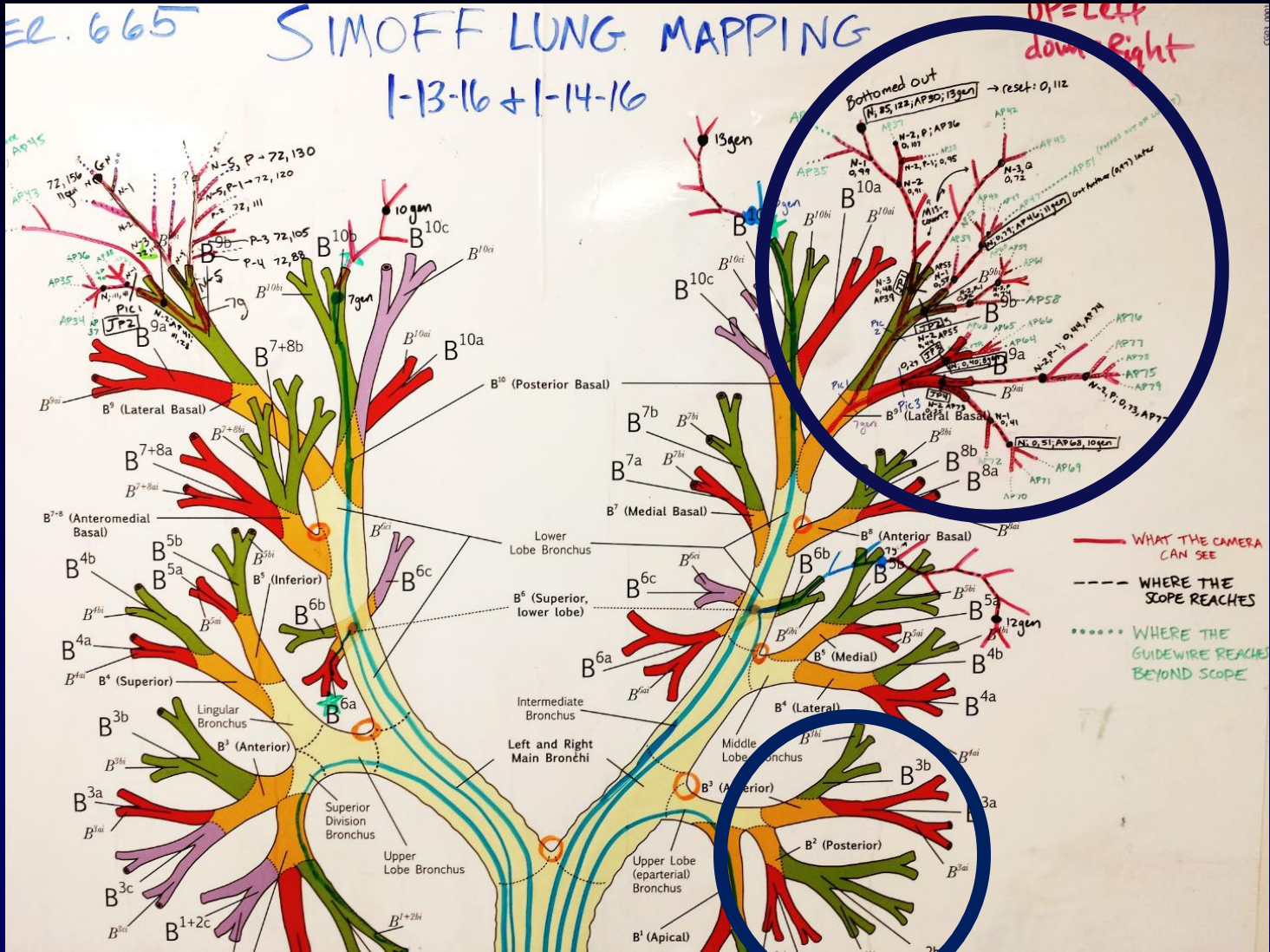
Emphysema

Robotic Endoscopic Airway Challenge: REACH

- 10 operators performed bronchoscopy on 5 different cadavers using both the BF-P190 bronchoscope and Monarch system
- Peripheral access measured:
 - Generation count
 - Distance from main carina
 - Measure with external fluoroscopy



ACCESS STUDY



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ROBOTIC BRONCHOSCOPY: CONTROL/STABILITY



**Probe 1.4mm /
Gold fiducial is 0.8mm**



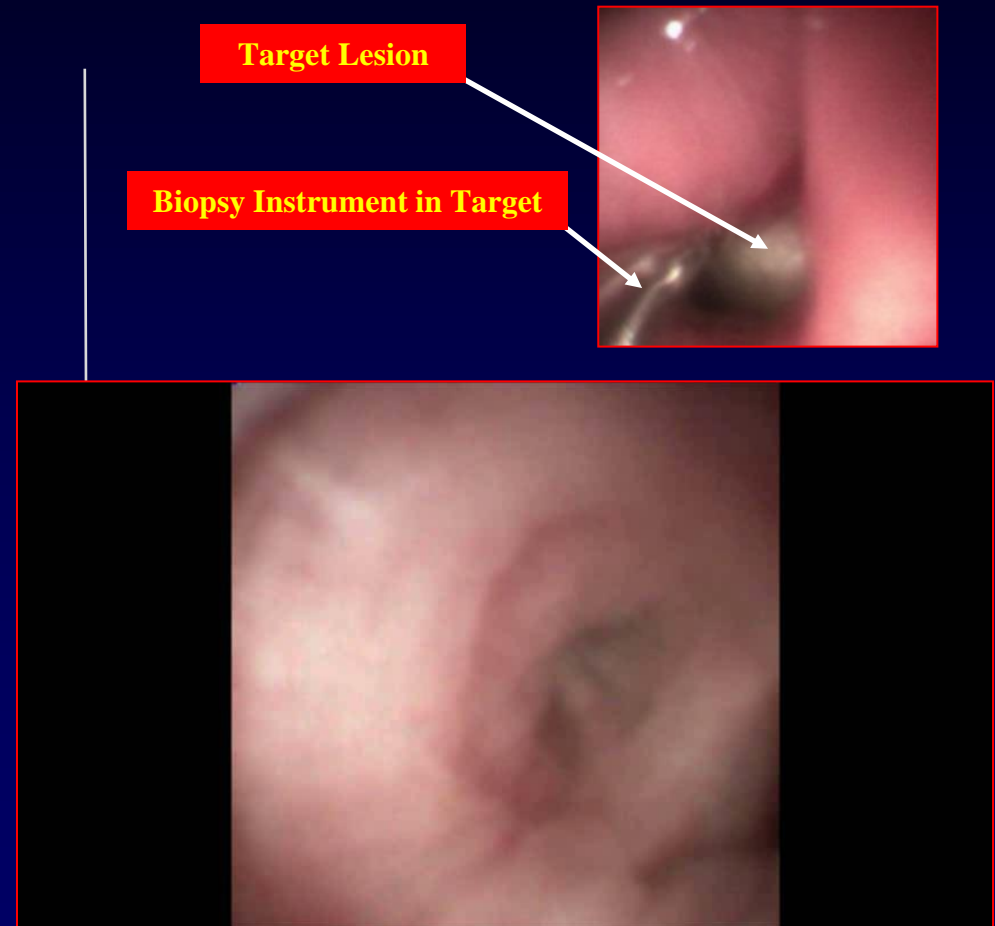
**Precision Instrument
Manipulation**

FIRST-IN-MAN FEASIBILITY STUDY: AURIS

- 2014
- Proof of concept
- Robotic endoscopy performed in 15 patients with pulmonary lesions
- Specimens successfully obtained in 14/15 patients using the robotic platform
- No serious adverse events noted

Rojas-Solano J, et al. *J Bronchology Interv Pulmonol.* 2018

Direct Visualization of Biopsy in Periphery of Lung



FIRST-IN-MAN FEASIBILITY STUDY: INTUITIVE

Primary Endpoints

Feasibility

Facilitate sampling of SPNs ≥ 10 mm to < 30 mm in largest diameter

Safety

Pneumothorax and excessive bleeding

Sample Size

30 patients

Follow-up

Up to 6 months

Exclusion

Central pulmonary nodules within the 1st three airway generations

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[October 2017](#) Volume 152, Issue 4, Supplement, Page A858

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First Human Use of a New Robotic-Assisted Navigation System for Small Peripheral Pulmonary Nodules Demonstrates Good Safety Profile and High Diagnostic Yield

[David Fielding](#), [Farzad Bashirzadeh](#), [Jung Hua Son](#), [Maryann Todman](#), [Hau Tan](#), [Adrian Chin](#), [Karin Steinke](#), [Morgan Windsor](#)

Royal Brisbane and Womens Hospital, Brisbane, QLD, Australia



FIRST-IN-MAN INTUITIVE: RESULTS

Nodule Demographics

Nodule Location

- **7th ± 1.5 Generation**
- 66.7% UL's
- 10% RML
- 23.3% LL's

Bronchus sign present

- 60%

Nodule Size

- Largest Oblique \varnothing :
14.8 mm [10 - 26.4mm]
- Largest Cardinal \varnothing :
12.3 mm [4.5 – 26.4mm]

Primary End Points: Feasibility and Safety

97% Feasibility

0% Pneumothorax
or
Excessive
Bleeding

Subject and Sample Results: Clinical Diagnosis through 6 month F/U

80% Diagnostic Yield –
System Sample

89% Diagnostic Yield -
Malignancy

Average size: 14 mm

D. Fielding. First Human Use of a New Robotic-Assisted Navigation System for Small Peripheral Pulmonary Nodules Demonstrates Good Safety Profile and High Diagnostic Yield. CHEST 2017 Conference



CURRENTLY AVAILABLE BRONCHOSCOPIC ROBOTS

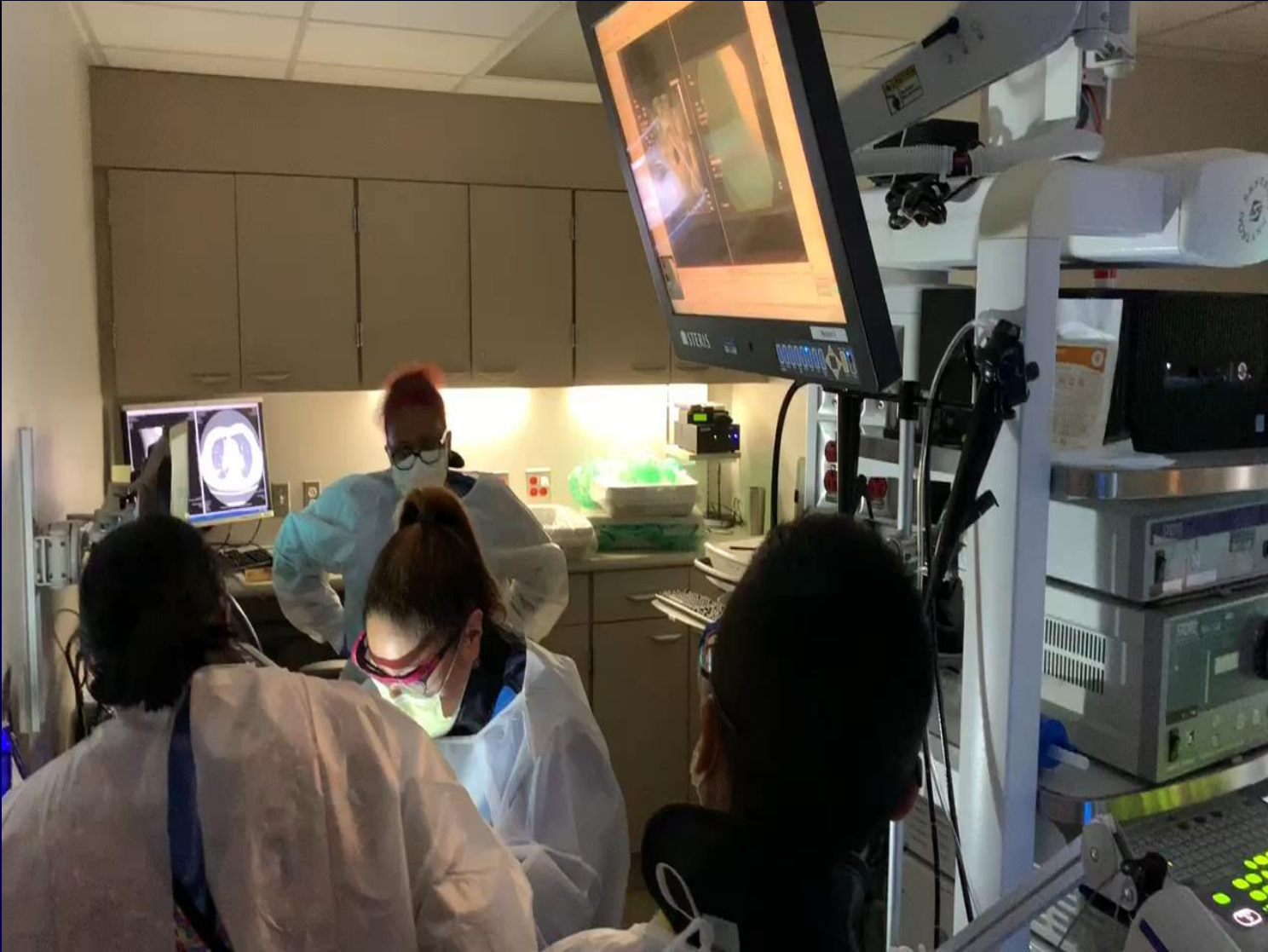
Auris Monarch



Intuitive Ion



ROOM SCAN



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NEEDLE PASS

Biopsy 00:08:07

Target 1 - Path 1

OPTIMAL FLUORO ANGLE
41°

DRIVE FORCE

19mm 14mm

DISTANCE TO TARGET EDGE
NEAR 5mm FAR 24mm

ANATOMY BORDER
33mm

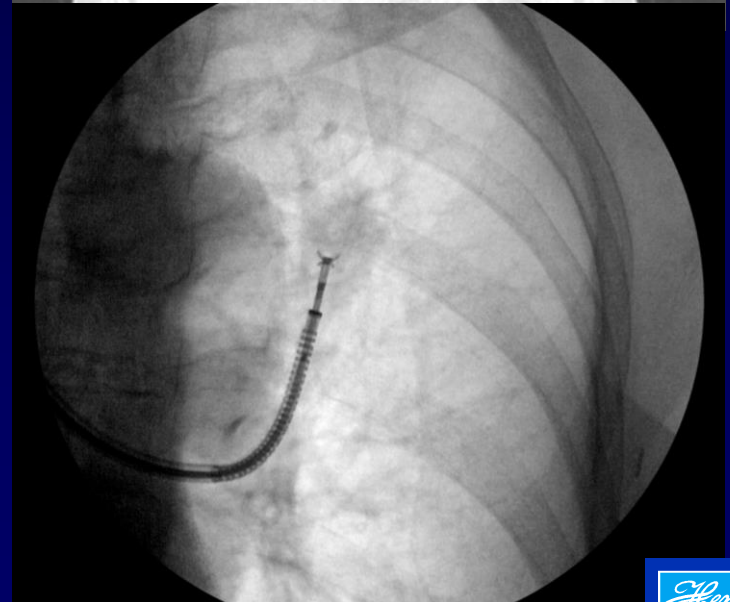
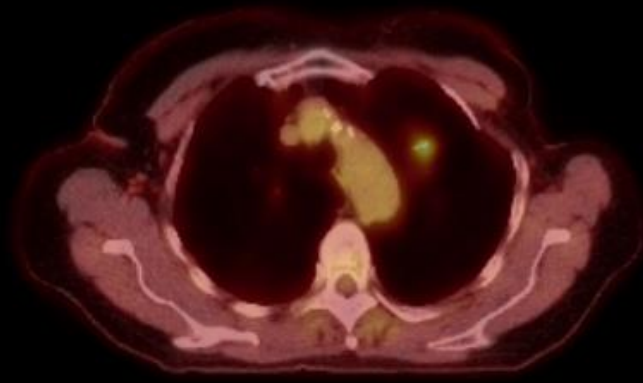
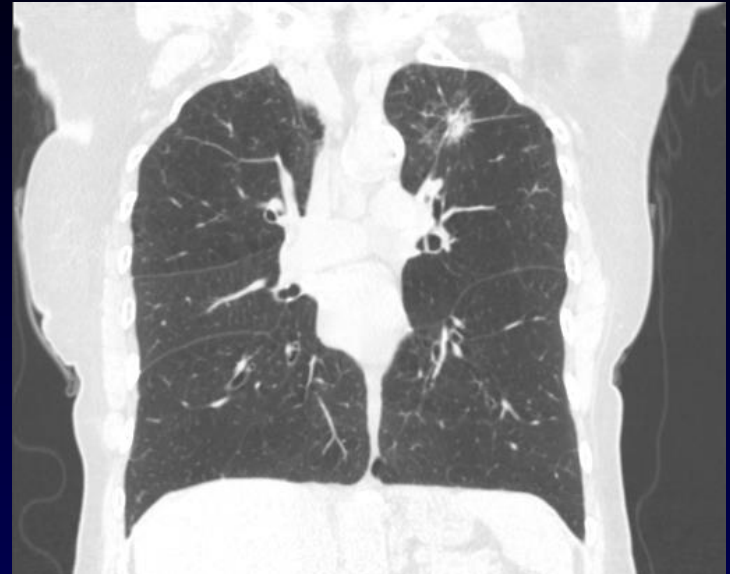
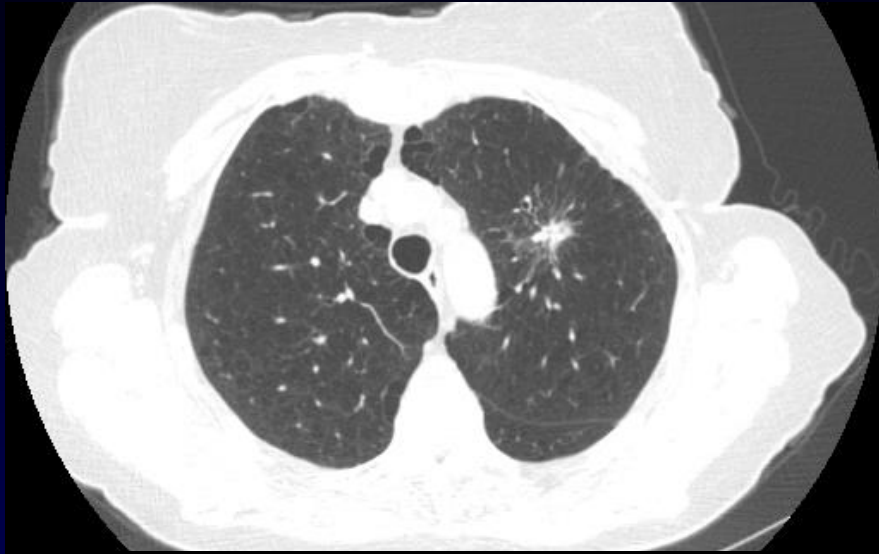
TIP BEND RADIUS 14mm

FLUORO REFERENCE
● Live Image
● Reference Image

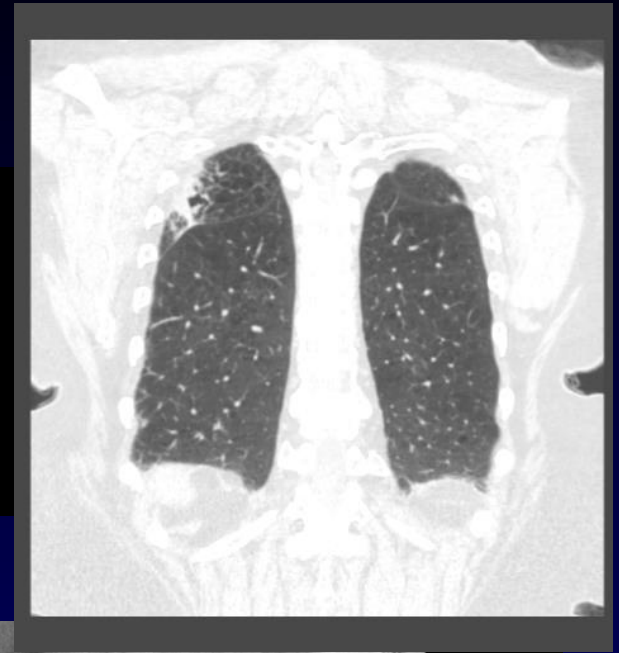
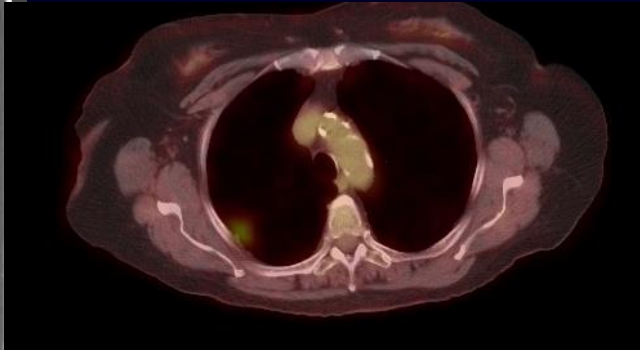
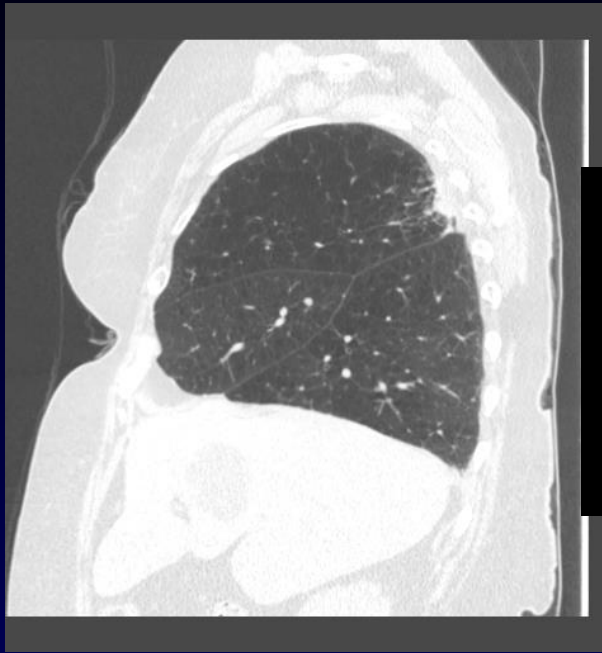


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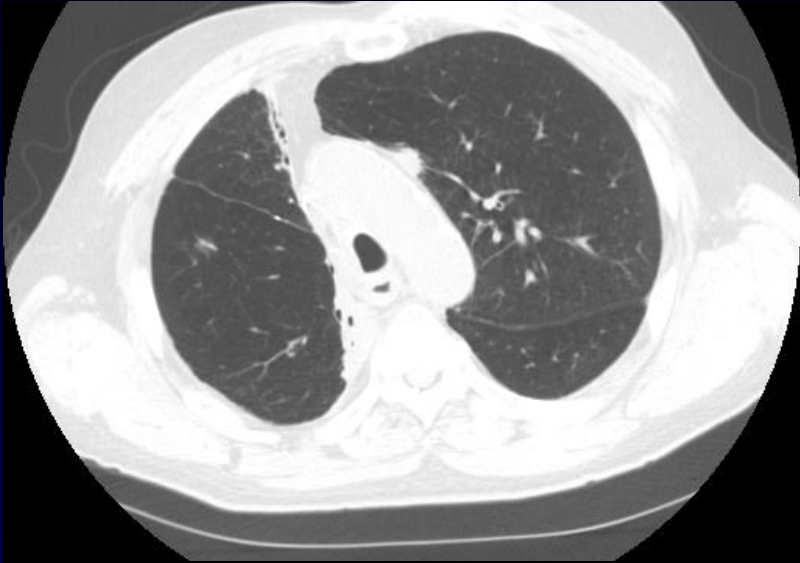
CASE 1: LUL NODULE



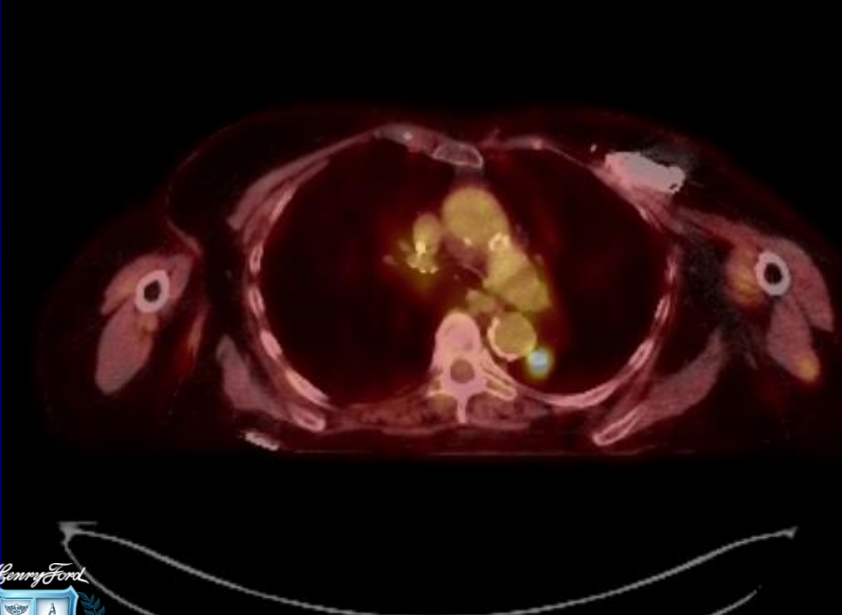
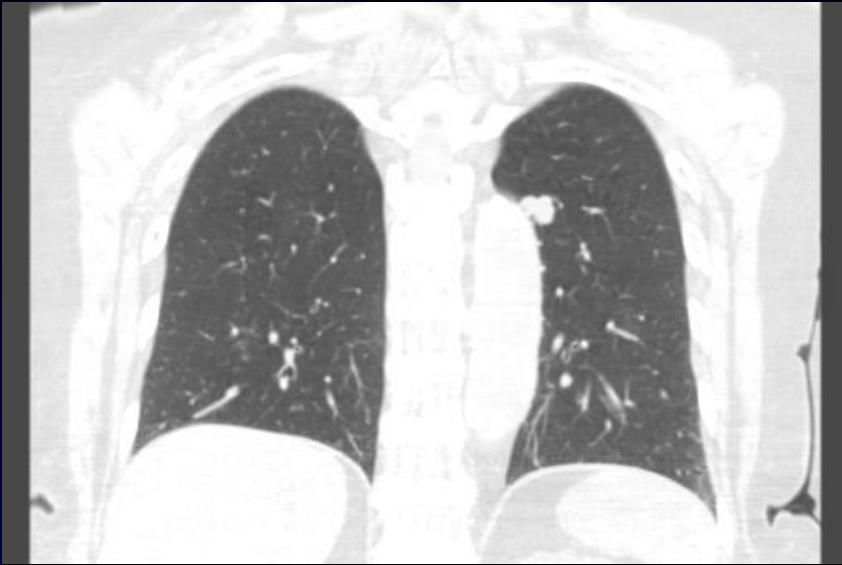
CASE 2: PLEURAL BASED NODULE



CASE 3: AORTIC ARCH

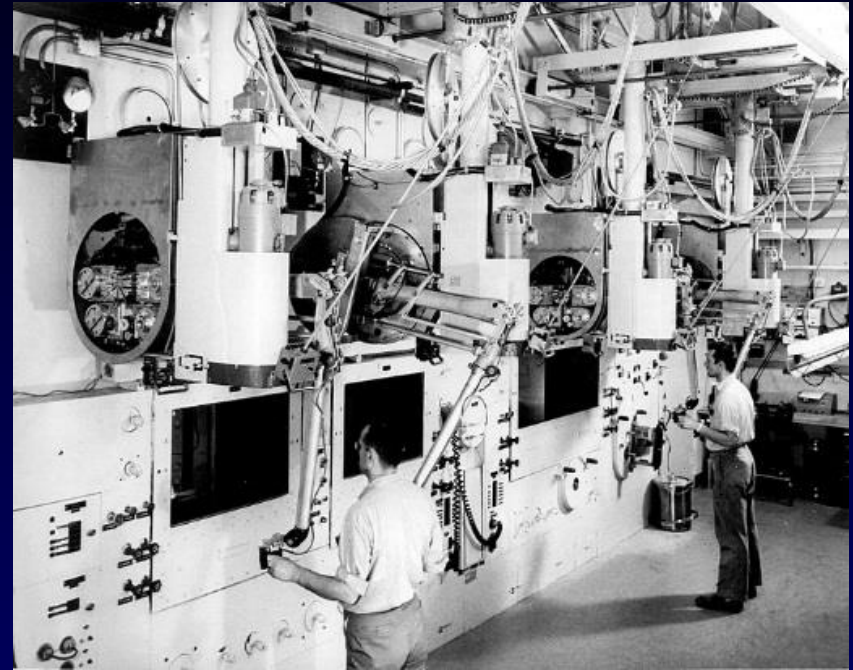


CASE 4: DECENDING AORTA

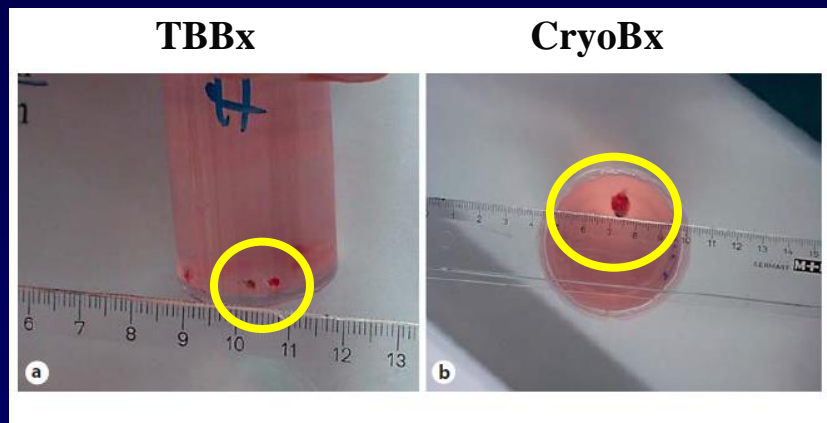
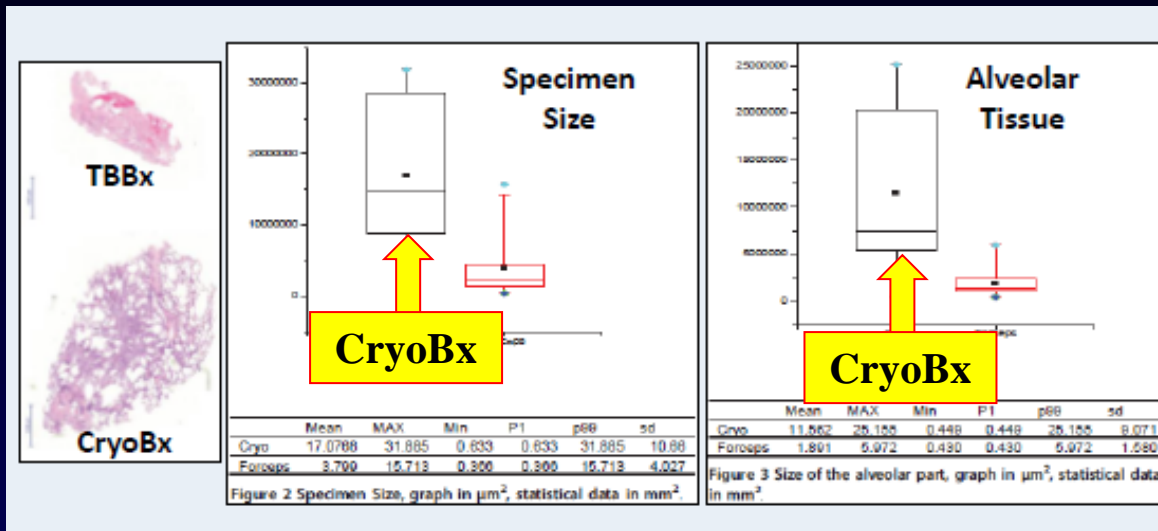


HISTORY OF MEDICAL ROBOTS

- “True” robots have independent motions or preprogramed actions
- Surgical robots are better described as computer-enhanced tele-manipulator systems
- First master-slave manipulator use in Argonne National Laboratory to work with radioactive material in 1945



CRYOBIOPSY vs. TRANSBRONCHIAL BIOPSY



Cryobiopsy on average is 3x the size of TBBx

Babiak A, et al. *Respiration* 2009; 78: 203–8

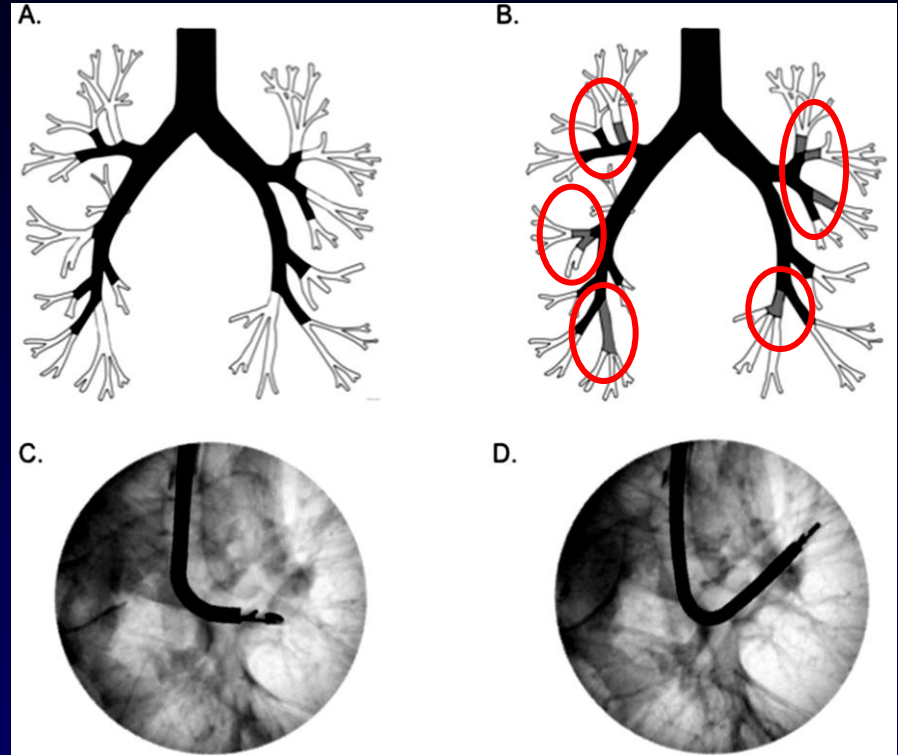
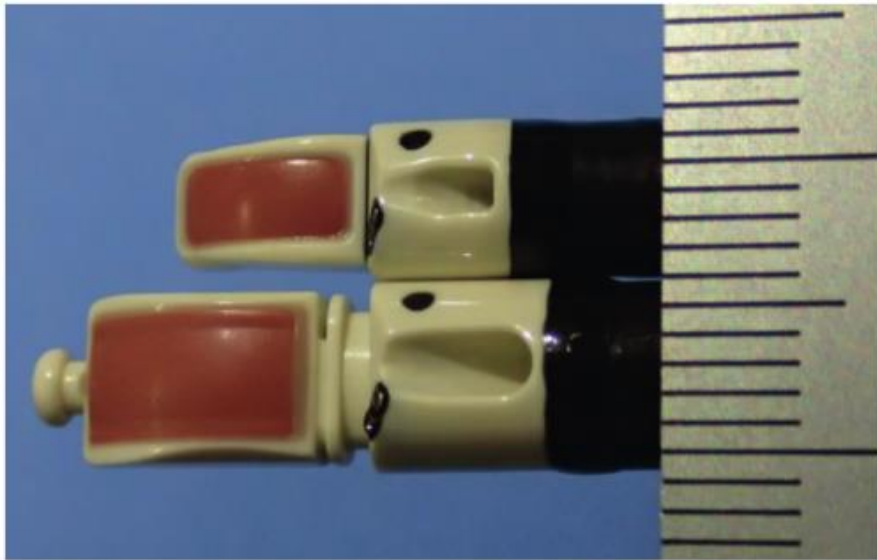
CRYOBIOPSY SUMMERY

- **Average size: 5-7mm**
- **Less artifact**
- **Easier immunohistochemical evaluation**
- **Complex pathology: UIP, NSIP, DIP**
- **Consider as alternative to open lung biopsy**



THIN CONVEX ULTRASOUND PROBE

Figure 1: The appearance of both the thin convex probe endobronchial ultrasound to the current convex probe endobronchial ultrasound



Thank You

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