

## Patient Pre-procedure Instructions

### Bronch/Thora/Pleurx

#### Date and Time of Procedure:

You are scheduled to have a bronch/thora/pleurx on (give date). Your **ARRIVAL** time is (x) time. You do not need to get here any earlier than that time. Plan to be here 4-5 hours total from admission to discharge.

Nursing: Please Check to make sure the patient doesn't have another appointment elsewhere first (PFT Lab, Cat Scan, Chest X-Ray, blood draw etc) on the same day, or that conflicts with bronch.

#### Driver:

You will receive sedation for the procedure and will be unable to drive until the following day. You must have a responsible adult driver over the age of 18 be present prior to the start of the procedure. They will remain in the hospital through discharge. They must be willing to sign for and accept discharge instructions. If a driver is not present **your procedure will be canceled.**

#### NPO:

No food or water after midnight. You may have small sips of water with any am cardiac medications. Peg/J Tube feeds must be held at least six hours prior to procedure. Nursing will review patients chart for acceptable meds. Thoracentesis and pleurx catheter patients do not need to be NPO as there is no risk for aspiration.

#### Medications:

1. Inhalers- Use all inhalers as usual. Bring any rescue inhalers that you would normally carry with you.
2. Diabetics- Take half of your usual pm long acting insulin dose and do not administer any insulin the morning of. We can check blood sugars while you are here. Bring a snack with you for post-procedure drive home. Oral hypoglycemic should be held other than metformin which can be taken at the patients' discretion.
3. Anticoagulants- Check patient's chart and verbally verify that the patient is not on any anticoagulation or that they have received the proper instructions for holding it, and are in compliance. See anticoagulation guidelines.
4. Home Oxygen- Please bring enough home o2 for the trip to and from the hospital. You may experience a temporary higher oxygen demand after the procedure. We can connect you to our oxygen once you have arrived, however we are unable to refill or supply you with home O2.

#### Documents:

Please bring with you an updated list of your current medications. Please bring your ID and insurance card.

#### Directions:

Our Address is **2799 West Grand Blvd.** Detroit MI. 48202. Our direct number in case you need to contact us if you are running late is **313-916-1070**. If your arrival time is after 9, you may valet park in the West Entrance, otherwise use main entrance. Valet is recommended and wheelchairs are available. Use west entrance elevators to arrive to 4<sup>th</sup> floor Bronchoscopy Suite (I-4). There is a blue sign on the wall with a telephone used to announce your arrival.